1  
00:00:01,700 --> 00:00:01,900  
好  
  
2  
00:00:01,900 --> 00:00:02,540  
各位同学  
  
3  
00:00:02,820 --> 00:00:04,700  
咱们接着上课啊  
  
4  
00:00:04,820 --> 00:00:06,540  
继续聊咱们的金匮要略  
  
5  
00:00:07,530 --> 00:00:08,450  
上次课呢  
  
6  
00:00:08,650 --> 00:00:11,290  
咱们把虚劳说完了  
  
7  
00:00:11,490 --> 00:00:14,680  
雪碧虚劳篇第六，从今天开始呢  
  
8  
00:00:14,680 --> 00:00:16,520  
咱们聊一个新的篇章  
  
9  
00:00:16,760 --> 00:00:20,240  
称之为肺痿、肺痨咳嗽上气病脉证  
  
10  
00:00:20,560 --> 00:00:22,790  
第七啊，呃  
  
11  
00:00:22,790 --> 00:00:27,270  
我们今天所能给大家聊的呢是两个内容啊  
  
12  
00:00:27,270 --> 00:00:30,110  
那么这一篇他挺有意思啊  
  
13  
00:00:30,150 --> 00:00:30,870  
怎么讲呢  
  
14  
00:00:31,670 --> 00:00:36,190  
首先所说依旧是按照我们的思路啊  
  
15  
00:00:36,550 --> 00:00:40,610  
废伪费佣是我们金贵的名词啊  
  
16  
00:00:40,610 --> 00:00:41,850  
也就是中医的专有名词  
  
17  
00:00:41,970 --> 00:00:46,170  
在现代临床我们需要给他解释一下它到底是什么病  
  
18  
00:00:46,790 --> 00:00:47,870  
呃二一则呢  
  
19  
00:00:47,990 --> 00:00:51,350  
这篇有点意思啊，在于什么呢  
  
20  
00:00:51,910 --> 00:00:55,380  
其他篇目我们说，比如说血痹虚劳吧  
  
21  
00:00:55,900 --> 00:00:58,780  
那么前面一个黄黄芪桂枝五汤  
  
22  
00:00:59,100 --> 00:01:01,630  
那么讲血碧，后面虚劳的方呢  
  
23  
00:01:01,990 --> 00:01:05,030  
你是无论是桂枝加桂枝龙牡汤啊  
  
24  
00:01:05,420 --> 00:01:09,540  
天雄散啊，还是后面咱们上次讲过的属于丸等等啊  
  
25  
00:01:09,940 --> 00:01:12,620  
它有一个相对于比较规范的次序  
  
26  
00:01:13,280 --> 00:01:13,480  
呃  
  
27  
00:01:13,480 --> 00:01:14,600  
但是肺痿  
  
28  
00:01:14,600 --> 00:01:19,250  
肺用咳嗽上气这一篇相对来说它的次序呢  
  
29  
00:01:19,770 --> 00:01:19,970  
呃  
  
30  
00:01:19,970 --> 00:01:22,130  
我们讲相对就有，有点乱啊  
  
31  
00:01:22,170 --> 00:01:23,130  
为什么这么说呢  
  
32  
00:01:24,130 --> 00:01:24,330  
呃  
  
33  
00:01:24,370 --> 00:01:27,850  
肺与肺胸咳嗽啊，到时候讲起来的时候你就知道了啊  
  
34  
00:01:28,130 --> 00:01:31,250  
在原文之中，它的顺序是互相交错的  
  
35  
00:01:31,720 --> 00:01:32,200  
当然了  
  
36  
00:01:32,240 --> 00:01:36,760  
他有他自己内在的一个骨架和逻辑思维  
  
37  
00:01:37,240 --> 00:01:39,640  
但是出于教学的方便啊  
  
38  
00:01:39,640 --> 00:01:40,480  
那么我呢  
  
39  
00:01:40,970 --> 00:01:44,930  
这堂课将人为的把其中的一些方案的顺序  
  
40  
00:01:45,330 --> 00:01:47,010  
重新的做一个梳理啊  
  
41  
00:01:47,010 --> 00:01:48,370  
按照我的这个思路  
  
42  
00:01:48,760 --> 00:01:48,960  
呃  
  
43  
00:01:49,000 --> 00:01:50,160  
既非教材的思路  
  
44  
00:01:50,200 --> 00:01:52,600  
也不是经典原文的思路啊  
  
45  
00:01:52,800 --> 00:01:55,760  
是按照我的讲授的思路给大家梳理一遍  
  
46  
00:01:56,290 --> 00:01:56,490  
呃  
  
47  
00:01:56,530 --> 00:01:58,650  
按照肺痿肺庸和咳嗽上气  
  
48  
00:01:58,650 --> 00:02:02,530  
也就是标题的这个顺序啊  
  
49  
00:02:02,530 --> 00:02:04,490  
给大家从头到尾到尾的梳一遍啊  
  
50  
00:02:04,570 --> 00:02:05,250  
闲言少叙  
  
51  
00:02:05,650 --> 00:02:08,610  
我们从头捋先讲第一个概念，废尾  
  
52  
00:02:10,030 --> 00:02:11,630  
那么依然是老规矩啊  
  
53  
00:02:11,670 --> 00:02:13,190  
那么首先要干什么呢  
  
54  
00:02:13,190 --> 00:02:13,590  
市民  
  
55  
00:02:13,710 --> 00:02:14,270  
对吧  
  
56  
00:02:16,270 --> 00:02:18,030  
那么首先我们来解释一下啊  
  
57  
00:02:18,710 --> 00:02:21,190  
解释一下这个这个名字  
  
58  
00:02:23,210 --> 00:02:27,010  
所谓呃废伪废伪两个字  
  
59  
00:02:28,480 --> 00:02:28,880  
那么  
  
60  
00:02:31,780 --> 00:02:35,540  
言下之意，他的定位一定是在哪呢  
  
61  
00:02:37,090 --> 00:02:37,930  
肺窍对吧  
  
62  
00:02:37,930 --> 00:02:38,770  
所谓的肺  
  
63  
00:02:38,810 --> 00:02:39,970  
我们讲，呃  
  
64  
00:02:40,130 --> 00:02:42,210  
伤寒论，以六经气化  
  
65  
00:02:42,690 --> 00:02:44,330  
以气脉为立法  
  
66  
00:02:44,700 --> 00:02:45,780  
而金匮要略呢  
  
67  
00:02:45,900 --> 00:02:47,740  
是以官窍来立法啊  
  
68  
00:02:47,740 --> 00:02:48,740  
那么官窍之中呢  
  
69  
00:02:48,740 --> 00:02:52,630  
也包含了五脏以及五脏之间的生成  
  
70  
00:02:52,670 --> 00:02:55,410  
气化的重要的节点啊  
  
71  
00:02:55,410 --> 00:02:57,370  
它的生理生理的关窍  
  
72  
00:02:57,890 --> 00:02:59,250  
那么首先它就是在肺  
  
73  
00:02:59,730 --> 00:03:01,210  
那么尾字怎么解释呢  
  
74  
00:03:01,210 --> 00:03:05,130  
咱们看啊，这个病字旁旁边一个啊  
  
75  
00:03:05,290 --> 00:03:06,650  
这个我们讲叫委员会的委  
  
76  
00:03:06,650 --> 00:03:06,970  
对吧  
  
77  
00:03:06,970 --> 00:03:07,650  
委，任的委  
  
78  
00:03:08,130 --> 00:03:09,050  
其实这个委呢  
  
79  
00:03:09,530 --> 00:03:12,690  
根据后世一家的共识啊  
  
80  
00:03:12,690 --> 00:03:14,250  
那这个并不是我自己说的  
  
81  
00:03:14,610 --> 00:03:15,810  
根据后世医家的共识  
  
82  
00:03:16,210 --> 00:03:19,570  
它其实呢，通这个尾草头  
  
83  
00:03:21,370 --> 00:03:23,850  
草头下边一个尾圆的尾  
  
84  
00:03:24,210 --> 00:03:25,690  
这个尾字是什么意思呢  
  
85  
00:03:26,130 --> 00:03:28,210  
我们知道有一个词叫枯萎，对吧  
  
86  
00:03:28,990 --> 00:03:29,190  
哎  
  
87  
00:03:29,230 --> 00:03:31,710  
那么说文中就讲啊，哭啊  
  
88  
00:03:31,990 --> 00:03:32,710  
什么意思呢  
  
89  
00:03:32,710 --> 00:03:35,430  
就是搞木也啊，搞木也  
  
90  
00:03:36,110 --> 00:03:38,790  
我们讲叫形形同槁木，对吧  
  
91  
00:03:39,150 --> 00:03:40,110  
面容枯槁  
  
92  
00:03:40,640 --> 00:03:42,680  
那么这种状态就是就是干枯的状态  
  
93  
00:03:43,040 --> 00:03:43,960  
尾是什么呢  
  
94  
00:03:44,350 --> 00:03:47,230  
往运之中所写违者蔫也  
  
95  
00:03:47,270 --> 00:03:49,790  
就是我们东北人也经常讲，叫打蔫儿  
  
96  
00:03:49,790 --> 00:03:50,110  
对吧  
  
97  
00:03:50,510 --> 00:03:50,710  
哎  
  
98  
00:03:50,750 --> 00:03:55,240  
草头底下一个一个呃之乎者也啊  
  
99  
00:03:55,280 --> 00:03:57,080  
语焉不详的这个这个这个焉  
  
100  
00:03:58,350 --> 00:03:59,790  
那么他大概的意思啊  
  
101  
00:03:59,790 --> 00:04:03,430  
我们说伪是讲什么所谓枯萎、枯萎  
  
102  
00:04:04,020 --> 00:04:04,220  
呃  
  
103  
00:04:04,260 --> 00:04:07,300  
它的原意讲的呢，就是草木啊  
  
104  
00:04:07,930 --> 00:04:11,370  
这个里头的津液怎么样少了啊  
  
105  
00:04:11,370 --> 00:04:13,170  
草木之中的津液少了  
  
106  
00:04:13,670 --> 00:04:17,510  
因此它从原意上来说其实比较好理解  
  
107  
00:04:17,910 --> 00:04:22,720  
那么如同我们讲，这个草木有有叶子吧  
  
108  
00:04:23,320 --> 00:04:24,480  
草木都有叶子吧  
  
109  
00:04:24,800 --> 00:04:25,680  
那么叶子呢  
  
110  
00:04:26,000 --> 00:04:30,330  
我们讲叫秋霜至草木萎啊  
  
111  
00:04:30,370 --> 00:04:31,930  
所谓这个这个树叶对吧  
  
112  
00:04:32,250 --> 00:04:34,290  
它就它就萎黄了  
  
113  
00:04:35,440 --> 00:04:36,640  
那么这个呃  
  
114  
00:04:36,760 --> 00:04:39,120  
霜降之后，这个树叶就萎黄了  
  
115  
00:04:39,600 --> 00:04:40,280  
那么人呢  
  
116  
00:04:40,960 --> 00:04:42,480  
肺脏为华盖之脏  
  
117  
00:04:42,960 --> 00:04:44,120  
我们说肺为娇脏  
  
118  
00:04:44,200 --> 00:04:45,480  
其中呢，呃  
  
119  
00:04:45,720 --> 00:04:49,750  
它能主通调水道，就煮这个津液啊  
  
120  
00:04:49,830 --> 00:04:50,870  
肺能煮这个津液  
  
121  
00:04:51,350 --> 00:04:54,260  
那么在肺主津液的过程之中  
  
122  
00:04:54,780 --> 00:04:56,860  
如果因为种种的原因  
  
123  
00:04:57,860 --> 00:05:01,720  
造成了他的这个津液气化出现了问题  
  
124  
00:05:02,280 --> 00:05:03,000  
以至于呢  
  
125  
00:05:03,440 --> 00:05:06,210  
肺脏，我们说如同槁木  
  
126  
00:05:06,650 --> 00:05:08,210  
就是所谓的枯萎之象  
  
127  
00:05:08,850 --> 00:05:09,410  
那么这个呢  
  
128  
00:05:09,410 --> 00:05:12,490  
我们加一个病字旁，称之为肺痿啊  
  
129  
00:05:12,490 --> 00:05:15,090  
因此在这呢，我还是依旧提纲挈领  
  
130  
00:05:15,130 --> 00:05:17,130  
先把这个东西给大家说清楚  
  
131  
00:05:17,370 --> 00:05:19,450  
那肺痿他讲的状态是什么状态  
  
132  
00:05:19,730 --> 00:05:22,010  
不过就是肺脏里头怎么样呢  
  
133  
00:05:22,330 --> 00:05:23,810  
今夜现在干枯了  
  
134  
00:05:24,490 --> 00:05:26,690  
肺脏的津液干枯了就是肺痿  
  
135  
00:05:27,290 --> 00:05:30,970  
那么我说到这，可能我看我们现场有这个搞临床的同学啊  
  
136  
00:05:31,380 --> 00:05:31,580  
呃  
  
137  
00:05:31,980 --> 00:05:34,060  
那么大家就会有感觉  
  
138  
00:05:34,420 --> 00:05:36,500  
那么在临床中其实有很多疾病呢  
  
139  
00:05:36,700 --> 00:05:41,100  
也会出现肺脏之中津液代谢发生异常的问题啊  
  
140  
00:05:41,100 --> 00:05:44,980  
这个我们说并不是说中医非得套用现代临床的概念  
  
141  
00:05:45,260 --> 00:05:47,350  
但是有些东西你别学了  
  
142  
00:05:47,350 --> 00:05:49,670  
半天半回头到临床上又不认识他了  
  
143  
00:05:49,670 --> 00:05:49,950  
对吧  
  
144  
00:05:50,110 --> 00:05:51,030  
那样就不好了  
  
145  
00:05:51,310 --> 00:05:54,830  
那么肺脏之中如果精液发生代谢是代谢失常  
  
146  
00:05:55,180 --> 00:05:56,420  
比较常见于啊  
  
147  
00:05:56,420 --> 00:05:58,500  
我并不是说等于常见于  
  
148  
00:05:58,500 --> 00:06:01,950  
比如说我们现在临床中类似于肺纤维化  
  
149  
00:06:02,670 --> 00:06:03,990  
那么什么叫纤维化呀  
  
150  
00:06:04,030 --> 00:06:08,630  
那不就是他的津液代谢出现了一场肺脏不能如润  
  
151  
00:06:08,710 --> 00:06:09,030  
对吧  
  
152  
00:06:09,350 --> 00:06:12,070  
那么其实我们都可以从肺腑之中得到借鉴  
  
153  
00:06:12,470 --> 00:06:17,230  
但是你这么直接的我说把患者的那个报告单拿来  
  
154  
00:06:17,510 --> 00:06:19,190  
然后我们根据这个诊断为肺癌  
  
155  
00:06:19,190 --> 00:06:21,250  
这个是不可取的  
  
156  
00:06:21,650 --> 00:06:27,700  
我们依旧是要发挥中医的本身的自己的学术特色啊  
  
157  
00:06:28,180 --> 00:06:34,020  
那么根据我们的习惯来判断它是否是所谓肺痿啊  
  
158  
00:06:34,420 --> 00:06:36,020  
那么进行治疗效果才好  
  
159  
00:06:36,300 --> 00:06:37,220  
因此这个伪呢  
  
160  
00:06:37,220 --> 00:06:40,040  
我简单这么讲就是  
  
161  
00:06:41,280 --> 00:06:44,380  
就是所谓呃四四个字吧啊  
  
162  
00:06:44,900 --> 00:06:47,540  
依旧是给他定论  
  
163  
00:06:47,860 --> 00:06:50,140  
那么肺痿是啥病呢  
  
164  
00:06:50,620 --> 00:06:51,740  
那么无非是  
  
165  
00:06:53,790 --> 00:06:54,310  
废液  
  
166  
00:07:05,620 --> 00:07:06,940  
或者肺液干燥啊  
  
167  
00:07:07,460 --> 00:07:08,860  
或者三个字就叫废液燥  
  
168  
00:07:08,860 --> 00:07:11,780  
那简单一点就是肺里的液怎么样  
  
169  
00:07:12,620 --> 00:07:13,580  
燥了是吧  
  
170  
00:07:14,050 --> 00:07:15,370  
哎，就就就完事了  
  
171  
00:07:16,130 --> 00:07:16,890  
非常简单  
  
172  
00:07:18,120 --> 00:07:18,640  
嗯，好  
  
173  
00:07:18,680 --> 00:07:21,000  
我们回来看一下条文啊  
  
174  
00:07:21,080 --> 00:07:23,640  
条纹是怎么解释这个啊  
  
175  
00:07:23,880 --> 00:07:25,440  
怎么解释这个费纬的事  
  
176  
00:07:26,520 --> 00:07:28,120  
源于师徒问答  
  
177  
00:07:28,280 --> 00:07:33,240  
这是我们伤寒金贵惯用的一个叙事的常例  
  
178  
00:07:34,040 --> 00:07:34,560  
问曰  
  
179  
00:07:35,640 --> 00:07:39,760  
热在上焦者，因咳为肺痿  
  
180  
00:07:40,630 --> 00:07:42,870  
肺痿之病从何得知  
  
181  
00:07:43,070 --> 00:07:46,960  
那么弟子问先生啊，说这个热在上焦  
  
182  
00:07:47,560 --> 00:07:48,400  
热在上焦呢  
  
183  
00:07:48,400 --> 00:07:50,320  
那么就是上焦者心肺也啊  
  
184  
00:07:50,960 --> 00:07:52,120  
这位置有热邪  
  
185  
00:07:53,090 --> 00:07:55,290  
呃，阴咳为肺痿  
  
186  
00:07:55,610 --> 00:07:58,250  
那么患了咳嗽，肺为娇脏啊  
  
187  
00:07:58,330 --> 00:08:01,030  
那本身火呢，就易克金啊  
  
188  
00:08:01,070 --> 00:08:02,830  
火一克金，呃  
  
189  
00:08:04,220 --> 00:08:05,900  
金贝克金贝克之后呢  
  
190  
00:08:06,740 --> 00:08:08,340  
那么肺痿这个病啊  
  
191  
00:08:08,900 --> 00:08:11,540  
他就讲他的原因是什么呢  
  
192  
00:08:12,410 --> 00:08:12,610  
啊  
  
193  
00:08:13,290 --> 00:08:14,370  
那这块  
  
194  
00:08:14,370 --> 00:08:20,180  
首先其实他的问题也把肺痿的原因呃也给交代出来了  
  
195  
00:08:20,180 --> 00:08:20,900  
因为我们商鞅金贵  
  
196  
00:08:20,940 --> 00:08:22,060  
它的叙事很有意思  
  
197  
00:08:22,060 --> 00:08:23,700  
你不能忽略它的问题  
  
198  
00:08:24,060 --> 00:08:26,380  
很多时候在问题之中把问题就交代了  
  
199  
00:08:26,960 --> 00:08:30,560  
那因为上焦有热咳来咳去咳成了肺痿，他没说  
  
200  
00:08:31,000 --> 00:08:32,600  
但是你也听出一些东西了  
  
201  
00:08:33,080 --> 00:08:34,640  
所谓久咳治病对吧  
  
202  
00:08:34,760 --> 00:08:35,679  
老咳嗽，老咳  
  
203  
00:08:36,400 --> 00:08:38,039  
那么慢慢费里津液伤了  
  
204  
00:08:38,799 --> 00:08:40,480  
那么老师回答啊，诗曰  
  
205  
00:08:40,909 --> 00:08:41,630  
祸从汗出  
  
206  
00:08:41,630 --> 00:08:42,270  
或从呕吐  
  
207  
00:08:42,270 --> 00:08:42,990  
或从消渴  
  
208  
00:08:43,150 --> 00:08:44,030  
小便利朔  
  
209  
00:08:44,590 --> 00:08:45,350  
或从便难  
  
210  
00:08:45,880 --> 00:08:47,000  
或被快要下痢  
  
211  
00:08:47,480 --> 00:08:48,760  
那么这里说了这么多事  
  
212  
00:08:48,760 --> 00:08:50,240  
儿汗吐  
  
213  
00:08:50,840 --> 00:08:52,360  
消渴，小便利  
  
214  
00:08:53,150 --> 00:08:54,870  
那么或者是夏利等啊  
  
215  
00:08:55,900 --> 00:08:56,820  
最后怎么着呢  
  
216  
00:08:57,060 --> 00:08:59,140  
四个字叫哎  
  
217  
00:08:59,860 --> 00:09:02,260  
这个你可以两种读法啊  
  
218  
00:09:02,660 --> 00:09:05,790  
一种叫虫王今夜啊  
  
219  
00:09:05,870 --> 00:09:07,230  
一种叫众王敬业  
  
220  
00:09:07,230 --> 00:09:09,190  
但是他俩的意思其实是一样的啊  
  
221  
00:09:09,470 --> 00:09:10,550  
重者是什么呢  
  
222  
00:09:10,910 --> 00:09:12,470  
就是反复的意思对吧  
  
223  
00:09:13,170 --> 00:09:13,370  
哎  
  
224  
00:09:13,850 --> 00:09:15,850  
那么反复的把津液损伤了  
  
225  
00:09:15,850 --> 00:09:17,250  
王津液就是损伤津液  
  
226  
00:09:17,530 --> 00:09:20,010  
因此从这个根上来说呢，呃  
  
227  
00:09:21,310 --> 00:09:23,110  
金匮要略废北篇  
  
228  
00:09:23,910 --> 00:09:25,510  
那么第一条开宗明义  
  
229  
00:09:25,550 --> 00:09:28,430  
就已经把肺痿的成因给大家都说清了  
  
230  
00:09:29,270 --> 00:09:30,030  
非常简单  
  
231  
00:09:30,470 --> 00:09:32,430  
人家就告诉你了，叫王敬业对吧  
  
232  
00:09:32,830 --> 00:09:34,070  
而且是怎么王敬业啊  
  
233  
00:09:34,590 --> 00:09:35,710  
叫虫王津业  
  
234  
00:09:35,710 --> 00:09:41,240  
就是你反复的把他的经验给伤及了啊  
  
235  
00:09:41,320 --> 00:09:43,720  
反复的伤及了，故得之啊  
  
236  
00:09:44,770 --> 00:09:47,290  
那么反复伤经验之后，我们大家呀  
  
237  
00:09:47,810 --> 00:09:49,890  
呃，脑海之中要有一个模型啊  
  
238  
00:09:50,610 --> 00:09:53,490  
那么所谓饮入于胃  
  
239  
00:09:54,010 --> 00:09:54,770  
游溢精气  
  
240  
00:09:55,290 --> 00:09:56,130  
上输于脾  
  
241  
00:09:56,410 --> 00:09:57,130  
脾气散精  
  
242  
00:09:57,330 --> 00:09:58,850  
上归于肺，通调水道  
  
243  
00:09:59,290 --> 00:10:02,260  
下输膀胱水经四部五经并行  
  
244  
00:10:02,780 --> 00:10:06,720  
这段呢，是我们进入中药大学的学生  
  
245  
00:10:06,760 --> 00:10:09,480  
那么几乎我们说大一学生啊  
  
246  
00:10:09,480 --> 00:10:12,480  
你就都耳熟能详这么一段非常的经典  
  
247  
00:10:13,300 --> 00:10:16,970  
呃，那么这一段这个论述啊  
  
248  
00:10:16,970 --> 00:10:20,810  
我们所谓出自于苏温的经脉别论这块呢  
  
249  
00:10:20,810 --> 00:10:23,730  
我们经常拿它用来话说一些中医的生理病理  
  
250  
00:10:24,170 --> 00:10:26,130  
但在这呢，也是要借助的啊  
  
251  
00:10:26,130 --> 00:10:29,630  
就是它也是在说明了一个身体之中的节点  
  
252  
00:10:30,010 --> 00:10:32,250  
那么脾气散精之后，一定要上归于肺  
  
253  
00:10:32,650 --> 00:10:33,770  
归于肺之后干什么呢  
  
254  
00:10:34,050 --> 00:10:35,330  
所谓要通调水道  
  
255  
00:10:35,650 --> 00:10:41,010  
那么肺是主管水道通调的这么一个重要的脏器  
  
256  
00:10:41,470 --> 00:10:41,670  
呃  
  
257  
00:10:41,670 --> 00:10:42,870  
在这一过程之中呢  
  
258  
00:10:43,270 --> 00:10:47,350  
那么你如果说过度的汗吐下以致津液损伤  
  
259  
00:10:48,160 --> 00:10:49,960  
就造成了水亏损了  
  
260  
00:10:50,440 --> 00:10:52,960  
因此，肺如果在这一过程之中  
  
261  
00:10:53,390 --> 00:10:56,990  
它的这个水液输送链条出现了问题啊  
  
262  
00:10:57,030 --> 00:10:57,710  
水亏损了  
  
263  
00:10:57,710 --> 00:11:01,550  
那么就极有可能伤及到肺翘，造成肺癌啊  
  
264  
00:11:01,710 --> 00:11:03,310  
那么这就是它的一个问题  
  
265  
00:11:03,770 --> 00:11:04,450  
因此说呢  
  
266  
00:11:04,450 --> 00:11:06,770  
他说故曰寸口脉说  
  
267  
00:11:07,250 --> 00:11:08,570  
那我们知道，呃  
  
268  
00:11:08,970 --> 00:11:09,530  
这个寸口  
  
269  
00:11:09,530 --> 00:11:13,260  
当然他重点说的还是右寸啊  
  
270  
00:11:13,260 --> 00:11:14,940  
右寸者，废止部位啊  
  
271  
00:11:15,640 --> 00:11:15,840  
呃  
  
272  
00:11:15,920 --> 00:11:17,680  
右寸这个位置呢，出现了朔脉  
  
273  
00:11:18,040 --> 00:11:22,000  
那么肺之部位本身肺以金为体，对吧  
  
274  
00:11:22,640 --> 00:11:24,320  
那么正常的话呢  
  
275  
00:11:25,510 --> 00:11:27,110  
呃，肺金能治肝木  
  
276  
00:11:27,510 --> 00:11:31,160  
但是呢，又被心火所克  
  
277  
00:11:31,680 --> 00:11:33,640  
那么现在这个位置，寸口脉络  
  
278  
00:11:34,080 --> 00:11:37,780  
他明显就是一个火燥之象啊  
  
279  
00:11:37,900 --> 00:11:40,260  
火气横逆的这个脉象  
  
280  
00:11:40,820 --> 00:11:42,180  
呃，那为啥火气横逆  
  
281  
00:11:42,340 --> 00:11:45,660  
因为所谓肺金，这个这个  
  
282  
00:11:46,550 --> 00:11:46,750  
呃  
  
283  
00:11:47,190 --> 00:11:47,710  
肺经呢  
  
284  
00:11:47,710 --> 00:11:49,390  
已经是比较虚弱了，对吧  
  
285  
00:11:49,750 --> 00:11:50,670  
那因为这个问题  
  
286  
00:11:51,190 --> 00:11:51,830  
呃，症状  
  
287  
00:11:52,230 --> 00:11:53,070  
他是这么说的啊  
  
288  
00:11:53,870 --> 00:11:54,950  
呃，其人咳  
  
289  
00:11:56,340 --> 00:11:58,060  
口中凡有灼唾涎沫  
  
290  
00:11:58,780 --> 00:11:59,420  
这是啥病  
  
291  
00:11:59,700 --> 00:12:04,580  
是血肺痿啊，这块是其实是有点倒装的意思了啊啊  
  
292  
00:12:05,580 --> 00:12:08,380  
借用弟子的话把费纬的状态说出来了  
  
293  
00:12:08,620 --> 00:12:10,220  
那从他这个角度上来说呢  
  
294  
00:12:10,860 --> 00:12:13,930  
呃，费纬有三大特征啊  
  
295  
00:12:13,930 --> 00:12:15,490  
同学们注意三大特征  
  
296  
00:12:15,490 --> 00:12:15,810  
第一  
  
297  
00:12:16,130 --> 00:12:17,930  
从脉象上，肺尾有它的特点  
  
298  
00:12:18,210 --> 00:12:18,970  
什么特点呢  
  
299  
00:12:19,370 --> 00:12:21,850  
那么就是右寸，它会有一个朔脉  
  
300  
00:12:21,930 --> 00:12:22,250  
对吧  
  
301  
00:12:22,610 --> 00:12:26,050  
哎，有一个燥朔之脉代表了火气  
  
302  
00:12:27,360 --> 00:12:29,800  
那么称肺金  
  
303  
00:12:30,720 --> 00:12:32,440  
心火称肺金啊  
  
304  
00:12:34,220 --> 00:12:34,420  
呃  
  
305  
00:12:35,180 --> 00:12:36,220  
第二呢，就是壳  
  
306  
00:12:37,160 --> 00:12:39,320  
因为肺本身主气而思呼吸  
  
307  
00:12:39,520 --> 00:12:41,600  
那么它一旦功能受损  
  
308  
00:12:42,120 --> 00:12:43,920  
就出现了咳嗽之症  
  
309  
00:12:44,780 --> 00:12:47,100  
第三是非常非常有意思的一个事啊  
  
310  
00:12:47,460 --> 00:12:49,180  
叫口中凡有浊唾涎沫  
  
311  
00:12:49,530 --> 00:12:50,490  
大家把这个记住  
  
312  
00:12:50,490 --> 00:12:54,250  
这是他鉴别废伪最最重要的一个一个点  
  
313  
00:12:54,910 --> 00:12:55,830  
那么肺痿病呢  
  
314  
00:12:56,150 --> 00:12:58,230  
口中一定要有俩东西啊  
  
315  
00:12:59,390 --> 00:12:59,670  
嗯  
  
316  
00:13:00,650 --> 00:13:01,850  
关于灼拓弦墨呢  
  
317  
00:13:02,650 --> 00:13:02,890  
呃  
  
318  
00:13:02,890 --> 00:13:07,530  
一般我们从字面上看是这么看，所谓脾之液为贤  
  
319  
00:13:08,280 --> 00:13:09,160  
甚至也为拓  
  
320  
00:13:09,480 --> 00:13:11,240  
我们讲弦和拓是两回事吧  
  
321  
00:13:11,600 --> 00:13:13,440  
我们说垂涎三尺，垂涎三尺  
  
322  
00:13:13,440 --> 00:13:14,920  
说的是这个人馋了，对吧  
  
323  
00:13:15,360 --> 00:13:16,700  
是说饿了  
  
324  
00:13:16,700 --> 00:13:20,660  
那么就是从脾来的脾之液为咸啊  
  
325  
00:13:21,260 --> 00:13:23,660  
那甚至液为唾吧  
  
326  
00:13:23,660 --> 00:13:25,820  
我们讲就是万人唾骂，万人唾骂  
  
327  
00:13:25,820 --> 00:13:28,780  
你不能说万人嫌骂，不能用弦得用唾  
  
328  
00:13:28,980 --> 00:13:29,500  
为什么  
  
329  
00:13:29,500 --> 00:13:31,100  
因为唾根起于肾  
  
330  
00:13:31,710 --> 00:13:35,310  
那么唾唾骂人的时候都踮起脚跟骂对吧  
  
331  
00:13:35,670 --> 00:13:37,950  
那这样有劲儿哈吐唾沫的时候  
  
332  
00:13:38,150 --> 00:13:39,870  
所以这个是发乎于甚  
  
333  
00:13:40,320 --> 00:13:42,760  
因此贤赫拓的本意是脾肾之液  
  
334  
00:13:43,200 --> 00:13:44,200  
因此后世医家呢  
  
335  
00:13:44,200 --> 00:13:49,320  
也有很多人根据这一句话认为是脾肾的津液跟它相关  
  
336  
00:13:49,400 --> 00:13:50,080  
但在这呢  
  
337  
00:13:50,400 --> 00:13:55,180  
我觉得我们如果仅仅从直观去考虑啊，卓拓  
  
338  
00:13:55,180 --> 00:13:55,900  
我认为啊  
  
339  
00:13:56,220 --> 00:14:00,930  
这个跟这个这个这个类似于黏痰的这种啊  
  
340  
00:14:01,570 --> 00:14:03,170  
白痰，它不能叫痰  
  
341  
00:14:03,610 --> 00:14:05,250  
它比痰要清晰啊  
  
342  
00:14:05,250 --> 00:14:07,260  
但是它比纸是比较黏的  
  
343  
00:14:07,260 --> 00:14:08,020  
所以称之为浊  
  
344  
00:14:09,140 --> 00:14:10,140  
呃，咸沫呢  
  
345  
00:14:10,140 --> 00:14:13,110  
那就是有泡的，称之为末啊  
  
346  
00:14:13,190 --> 00:14:14,350  
那么就是这种状态  
  
347  
00:14:14,710 --> 00:14:18,430  
这种不规则的，像口水但又不完全是口水的  
  
348  
00:14:18,430 --> 00:14:19,310  
而且量很大  
  
349  
00:14:19,770 --> 00:14:20,490  
这么个东西  
  
350  
00:14:20,850 --> 00:14:21,050  
呃  
  
351  
00:14:21,090 --> 00:14:22,250  
我们今天呢  
  
352  
00:14:22,730 --> 00:14:26,050  
从现代临床上，你会观察到一个非常有意思的事  
  
353  
00:14:26,050 --> 00:14:29,890  
儿有很多与肺纤维化相关的疾病  
  
354  
00:14:30,440 --> 00:14:35,570  
就会非常莫名其妙地出现大量的口水啊  
  
355  
00:14:35,730 --> 00:14:36,850  
这是其中一个问题  
  
356  
00:14:36,850 --> 00:14:41,690  
第二，还会出现到出现类似于小便不能收摄的这种  
  
357  
00:14:41,690 --> 00:14:43,170  
尤其在疾病的终末期  
  
358  
00:14:43,840 --> 00:14:44,040  
啊  
  
359  
00:14:44,240 --> 00:14:45,760  
那这个是什么原因  
  
360  
00:14:45,840 --> 00:14:49,040  
我们以后讲具体条文的时候都会涉及到  
  
361  
00:14:49,560 --> 00:14:51,280  
那么告诉你这种就叫废伪  
  
362  
00:14:52,060 --> 00:14:53,140  
后头又问了一句话  
  
363  
00:14:53,180 --> 00:14:57,790  
这个是我们伤寒金匮经常运用的一个叙事手法  
  
364  
00:14:57,790 --> 00:14:59,670  
就是对比的手法，对吧  
  
365  
00:14:59,990 --> 00:15:00,190  
哎  
  
366  
00:15:00,190 --> 00:15:01,110  
抑扬顿挫的手法  
  
367  
00:15:01,110 --> 00:15:02,630  
这个我经常跟学生们讲  
  
368  
00:15:03,010 --> 00:15:05,810  
讲中风回头就有伤寒讲重缓  
  
369  
00:15:05,930 --> 00:15:07,290  
回头就有脉紧是吧  
  
370  
00:15:07,750 --> 00:15:07,950  
哎  
  
371  
00:15:08,030 --> 00:15:09,270  
脉脉紧脉缓  
  
372  
00:15:09,750 --> 00:15:12,190  
中风、伤寒，阴阳都是这么来的  
  
373  
00:15:12,310 --> 00:15:13,230  
他讲了一个肺痿  
  
374  
00:15:13,230 --> 00:15:14,710  
回头，下头搭着一个肺用  
  
375  
00:15:15,510 --> 00:15:16,430  
这块是我  
  
376  
00:15:16,430 --> 00:15:17,630  
我下一堂课给你讲  
  
377  
00:15:17,630 --> 00:15:18,990  
费用的时候要具体说  
  
378  
00:15:19,230 --> 00:15:21,430  
咱在这儿先看一下他讲这么一个事  
  
379  
00:15:21,430 --> 00:15:22,870  
若口中闭，必燥咳气  
  
380  
00:15:22,870 --> 00:15:23,910  
胸中隐隐痛  
  
381  
00:15:24,230 --> 00:15:24,990  
麦反华硕  
  
382  
00:15:25,030 --> 00:15:25,950  
那么这是三点  
  
383  
00:15:26,190 --> 00:15:29,110  
你看跟那个刚才费用那个形成了，呃  
  
384  
00:15:29,190 --> 00:15:31,950  
废尾的形成了一个鲜明的什么对照  
  
385  
00:15:32,390 --> 00:15:35,790  
那么费纬呢，是一个朔相  
  
386  
00:15:36,430 --> 00:15:38,590  
而费庸在硕中有华  
  
387  
00:15:39,860 --> 00:15:42,460  
那么就说明这里头有佣农有食对吧  
  
388  
00:15:42,460 --> 00:15:43,100  
有湿邪了  
  
389  
00:15:43,500 --> 00:15:44,420  
那第二个问题呢  
  
390  
00:15:44,740 --> 00:15:45,940  
第一个呢，就是秦咳  
  
391  
00:15:46,020 --> 00:15:48,010  
但是他没说难受  
  
392  
00:15:48,770 --> 00:15:49,850  
你没看到那难受吧  
  
393  
00:15:50,130 --> 00:15:52,090  
但是肺拥的时候咳记什么啊  
  
394  
00:15:52,450 --> 00:15:54,210  
胸中隐痛，他有疼痛症状  
  
395  
00:15:55,260 --> 00:15:57,540  
他因为里头有庸啊，有疼痛症状  
  
396  
00:15:57,820 --> 00:15:58,420  
第三呢  
  
397  
00:15:58,900 --> 00:16:02,820  
这个前者肺痿之病，口中有涎沫是吧  
  
398  
00:16:03,530 --> 00:16:04,810  
但是肺痿是啥样呢  
  
399  
00:16:05,170 --> 00:16:06,650  
口重必必燥啊  
  
400  
00:16:06,650 --> 00:16:09,410  
它整个是一个口特别干的状态啊  
  
401  
00:16:09,450 --> 00:16:11,270  
因此这是一个对比  
  
402  
00:16:11,510 --> 00:16:13,630  
这一条文也非常非常的经典  
  
403  
00:16:14,750 --> 00:16:14,950  
呃  
  
404  
00:16:15,550 --> 00:16:17,430  
那么后头讲叫壳拓脓血  
  
405  
00:16:18,750 --> 00:16:20,390  
无论是肺痿还还是肺痨  
  
406  
00:16:20,990 --> 00:16:25,110  
那么到某个阶段都会出现咳吐脓血的症状  
  
407  
00:16:25,980 --> 00:16:26,180  
呃  
  
408  
00:16:26,260 --> 00:16:27,340  
那么这个脓血呢  
  
409  
00:16:27,340 --> 00:16:28,740  
我是这么理解的啊  
  
410  
00:16:28,900 --> 00:16:30,540  
这个脓不一定非得是脓  
  
411  
00:16:30,540 --> 00:16:31,500  
它有可能就是痰  
  
412  
00:16:32,060 --> 00:16:32,820  
而且是黄痰  
  
413  
00:16:32,820 --> 00:16:35,420  
这在临床上很多见，血是什么呢  
  
414  
00:16:35,420 --> 00:16:36,300  
真的是血啊  
  
415  
00:16:36,580 --> 00:16:38,620  
因为整个他的那个气管支气管呢  
  
416  
00:16:38,620 --> 00:16:40,580  
那在咳的过程中发生损伤  
  
417  
00:16:40,940 --> 00:16:42,980  
这个是临床中很常见的啊  
  
418  
00:16:43,350 --> 00:16:45,950  
那么但是告诉你一个问题  
  
419  
00:16:46,070 --> 00:16:48,210  
你重点是看卖啊  
  
420  
00:16:48,250 --> 00:16:49,170  
都是有弱项  
  
421  
00:16:49,410 --> 00:16:51,450  
但是硕虚是啥呀  
  
422  
00:16:52,450 --> 00:16:53,530  
硕虚是什么病啊  
  
423  
00:16:54,570 --> 00:16:54,930  
什么病  
  
424  
00:16:54,930 --> 00:16:57,250  
同学们，肺痿硕士呢  
  
425  
00:16:58,580 --> 00:17:01,740  
硕士费用，你看他从那个卖上啊  
  
426  
00:17:02,050 --> 00:17:05,930  
就给你把这个两端就给它区分开了，是不是  
  
427  
00:17:06,210 --> 00:17:06,410  
哎  
  
428  
00:17:06,410 --> 00:17:07,569  
从脉上就区分开了  
  
429  
00:17:08,270 --> 00:17:10,069  
呃，那么综上所述  
  
430  
00:17:10,430 --> 00:17:11,630  
大家注意几个节点  
  
431  
00:17:12,910 --> 00:17:16,980  
那么第一就是他讲了肺痿的病  
  
432  
00:17:16,980 --> 00:17:18,579  
病机就是我  
  
433  
00:17:18,579 --> 00:17:19,940  
我经常讲来龙去脉，嘛  
  
434  
00:17:20,380 --> 00:17:22,260  
你不要忘了，这就是损伤津液  
  
435  
00:17:22,810 --> 00:17:24,329  
这是他的来路，呃  
  
436  
00:17:24,770 --> 00:17:27,250  
就是虫王今夜看见了吧  
  
437  
00:17:27,690 --> 00:17:28,770  
我们，呃  
  
438  
00:17:29,010 --> 00:17:30,330  
前天正好重阳节吧  
  
439  
00:17:30,810 --> 00:17:34,600  
那么重者就是就是一个又一个啊  
  
440  
00:17:34,720 --> 00:17:38,160  
讲得太过重阳之后就要重阳入阴了吧  
  
441  
00:17:38,550 --> 00:17:40,270  
我们古人讲叫重阳者狂  
  
442  
00:17:40,350 --> 00:17:42,590  
重阴者癫，或者叫重阳必亡  
  
443  
00:17:43,110 --> 00:17:44,910  
阳气太过，他就要转折  
  
444  
00:17:45,530 --> 00:17:47,130  
我们说这个呃  
  
445  
00:17:48,730 --> 00:17:50,170  
有很多案例啊  
  
446  
00:17:50,170 --> 00:17:54,450  
那么就是就是如果是过多的阳气  
  
447  
00:17:55,050 --> 00:17:55,690  
你在哪  
  
448  
00:17:55,730 --> 00:17:58,170  
那肯定他是不能久存的  
  
449  
00:17:58,490 --> 00:18:01,380  
所谓孤阴不生，独阳不长啊  
  
450  
00:18:01,420 --> 00:18:03,020  
打一比方，我们看全世界  
  
451  
00:18:03,020 --> 00:18:03,980  
这个说点闲话  
  
452  
00:18:04,540 --> 00:18:07,580  
呃，有很多这个双子大楼  
  
453  
00:18:08,220 --> 00:18:10,260  
咱们可能知道这个双子座的高楼  
  
454  
00:18:10,500 --> 00:18:11,380  
那么这种楼呢  
  
455  
00:18:11,540 --> 00:18:13,260  
当然我们不是从迷信角度啊  
  
456  
00:18:13,260 --> 00:18:14,860  
咱们从这个呃  
  
457  
00:18:16,140 --> 00:18:18,060  
从这个阴阳的角度去分析它  
  
458  
00:18:18,820 --> 00:18:19,020  
呃  
  
459  
00:18:19,180 --> 00:18:23,640  
那么如果你明显就比周围的地表要高很多  
  
460  
00:18:24,560 --> 00:18:26,040  
那么同样你又是两个  
  
461  
00:18:26,630 --> 00:18:27,910  
那么这个则代表什么呢  
  
462  
00:18:28,470 --> 00:18:29,350  
重阳必亡  
  
463  
00:18:29,790 --> 00:18:31,590  
因此你看全世界的那个双子楼  
  
464  
00:18:32,070 --> 00:18:36,880  
那么有好多它，就比如说著名美国的那个跟911有关的世贸大楼  
  
465  
00:18:37,160 --> 00:18:39,080  
它就要多少会出一点毛病啊  
  
466  
00:18:39,080 --> 00:18:39,800  
出一点毛病  
  
467  
00:18:40,720 --> 00:18:41,000  
呃  
  
468  
00:18:42,180 --> 00:18:43,820  
那么这就讲到重阳啊  
  
469  
00:18:43,900 --> 00:18:45,580  
重王今夜，呃  
  
470  
00:18:45,780 --> 00:18:48,780  
你看我们学校三附院也是这个双子楼  
  
471  
00:18:48,780 --> 00:18:51,620  
但是我们呢，就借鉴了中医的思维  
  
472  
00:18:52,140 --> 00:18:53,060  
我们一高一矮  
  
473  
00:18:53,100 --> 00:18:56,550  
而且它不叫那个双子那个那个双子楼  
  
474  
00:18:56,550 --> 00:18:56,990  
它叫什么  
  
475  
00:18:56,990 --> 00:18:58,110  
它叫日月，对吧  
  
476  
00:18:58,390 --> 00:18:59,310  
它象征日月  
  
477  
00:18:59,510 --> 00:19:02,310  
而且你仔细看，你就发现我们学校的那个三附院的楼  
  
478  
00:19:02,590 --> 00:19:03,830  
东边的要偏高  
  
479  
00:19:03,950 --> 00:19:04,910  
西边的偏低  
  
480  
00:19:05,720 --> 00:19:07,360  
取一个东升西降的一个  
  
481  
00:19:07,560 --> 00:19:10,400  
他很合乎于那咱们中医人干这事啊  
  
482  
00:19:10,400 --> 00:19:11,880  
就很合乎于自然啊  
  
483  
00:19:12,360 --> 00:19:12,760  
咳  
  
484  
00:19:13,320 --> 00:19:17,360  
那么这个呢，就是首先他的病机就是王敬业  
  
485  
00:19:17,730 --> 00:19:17,890  
呃  
  
486  
00:19:17,890 --> 00:19:19,330  
这里头涉及到一个问题啊  
  
487  
00:19:19,330 --> 00:19:20,570  
我要讲在前头  
  
488  
00:19:20,570 --> 00:19:23,330  
因为后头呢，我就不想多说这个话题了  
  
489  
00:19:23,730 --> 00:19:27,740  
关于肺痿的病机到底是属寒还是属热  
  
490  
00:19:28,770 --> 00:19:30,610  
那么王津液一般情况下  
  
491  
00:19:30,610 --> 00:19:33,450  
尤其我们条文里就说说热在上焦，对吧  
  
492  
00:19:33,930 --> 00:19:35,980  
因渴者，呃为狒狒  
  
493  
00:19:36,500 --> 00:19:40,420  
那么很多人就认为那狒狒应该是热血  
  
494  
00:19:41,320 --> 00:19:43,040  
但是到底下一看呢  
  
495  
00:19:43,160 --> 00:19:45,000  
我们讲甘草干姜汤  
  
496  
00:19:45,040 --> 00:19:46,760  
那么又讲肺中冷  
  
497  
00:19:47,310 --> 00:19:48,950  
很多人说那他一定是寒邪  
  
498  
00:19:49,270 --> 00:19:52,150  
在这我说一个实际情况啊  
  
499  
00:19:53,110 --> 00:19:53,390  
呃  
  
500  
00:19:55,190 --> 00:19:58,590  
其实这么说，寒邪热邪并不重要  
  
501  
00:19:59,310 --> 00:20:00,870  
重要的是王津业  
  
502  
00:20:01,550 --> 00:20:02,670  
这大家一定要明白  
  
503  
00:20:02,950 --> 00:20:04,070  
所谓肺痿之病  
  
504  
00:20:04,550 --> 00:20:09,070  
病机在于今夜之虫王，虫王今夜  
  
505  
00:20:09,740 --> 00:20:13,860  
而它的并向则显示为寒热之两端  
  
506  
00:20:14,300 --> 00:20:15,540  
大家明白这个道理了吧  
  
507  
00:20:16,420 --> 00:20:16,620  
哎  
  
508  
00:20:16,620 --> 00:20:20,260  
就跟我们这个新冠肺炎是一个道理  
  
509  
00:20:20,260 --> 00:20:21,940  
有很多人陷入寒门之争  
  
510  
00:20:22,380 --> 00:20:22,580  
呃  
  
511  
00:20:22,580 --> 00:20:25,130  
温病派觉得这是外感温热，呃  
  
512  
00:20:25,130 --> 00:20:25,890  
那么还有一派呢  
  
513  
00:20:25,890 --> 00:20:26,970  
认为是寒湿之意  
  
514  
00:20:27,530 --> 00:20:27,730  
呃  
  
515  
00:20:28,170 --> 00:20:29,410  
但是是两派呢  
  
516  
00:20:29,490 --> 00:20:31,410  
用药都好用啊  
  
517  
00:20:31,490 --> 00:20:33,290  
那么好用之后呢  
  
518  
00:20:33,530 --> 00:20:36,530  
有的时候就觉得对方用的是不是不靠谱  
  
519  
00:20:36,570 --> 00:20:38,460  
其实不能这么看，呃  
  
520  
00:20:38,620 --> 00:20:39,860  
你要发现啊  
  
521  
00:20:40,220 --> 00:20:42,860  
这个病的核心实际上是湿邪  
  
522  
00:20:43,880 --> 00:20:45,320  
那么湿瘀会化热  
  
523  
00:20:45,680 --> 00:20:47,680  
湿瘀也会耗损阳气变成寒  
  
524  
00:20:48,120 --> 00:20:50,400  
那么你就发现寒热不过是其两端  
  
525  
00:20:50,760 --> 00:20:53,310  
是给你看的这个帽子戏法  
  
526  
00:20:53,990 --> 00:20:56,310  
它的核心在于一个湿把湿打掉  
  
527  
00:20:57,030 --> 00:21:00,160  
那么这个寒和热都化于乌有，都没有了  
  
528  
00:21:00,160 --> 00:21:01,520  
那么我们这个是一样  
  
529  
00:21:01,880 --> 00:21:04,160  
它实际上肺痿的核心的核心  
  
530  
00:21:04,520 --> 00:21:07,440  
我刚才不是讲叫费劲造一个造字当头  
  
531  
00:21:08,280 --> 00:21:09,000  
大家看见了吧  
  
532  
00:21:09,360 --> 00:21:10,360  
就一个造字当头  
  
533  
00:21:10,640 --> 00:21:14,320  
那么它的寒和热也是它的变脸啊，是两端  
  
534  
00:21:14,640 --> 00:21:16,720  
你把变脸后头那个人把他拿下  
  
535  
00:21:17,250 --> 00:21:18,770  
他多少张脸也变不出来了  
  
536  
00:21:19,530 --> 00:21:19,730  
唉  
  
537  
00:21:20,500 --> 00:21:22,100  
那么这个我们就接着往后看啊  
  
538  
00:21:22,100 --> 00:21:23,060  
大家明白这个问题  
  
539  
00:21:23,060 --> 00:21:25,340  
首先第一个是呃虫王今夜  
  
540  
00:21:25,380 --> 00:21:27,420  
第二，那肺癌一定有它的特征  
  
541  
00:21:27,660 --> 00:21:28,300  
三大特征  
  
542  
00:21:28,300 --> 00:21:29,300  
第一，村脉硕  
  
543  
00:21:29,670 --> 00:21:30,350  
第二科  
  
544  
00:21:31,260 --> 00:21:32,100  
第三是什么  
  
545  
00:21:32,700 --> 00:21:35,220  
口中有浊唾嫌墨啊，这是呃  
  
546  
00:21:35,220 --> 00:21:37,100  
这一条就让你明白两件事  
  
547  
00:21:37,100 --> 00:21:37,420  
第一  
  
548  
00:21:37,620 --> 00:21:38,860  
他的原因，崇王津略  
  
549  
00:21:38,860 --> 00:21:40,890  
第二，他的样子啊  
  
550  
00:21:41,370 --> 00:21:42,810  
三件事啊  
  
551  
00:21:42,970 --> 00:21:43,850  
脉是什么样  
  
552  
00:21:43,850 --> 00:21:45,560  
壳口中浊拓啊  
  
553  
00:21:45,600 --> 00:21:47,360  
这一条就很重要啊  
  
554  
00:21:47,360 --> 00:21:48,440  
就解决了这个问题  
  
555  
00:21:48,800 --> 00:21:50,720  
以及未来铺的一条线  
  
556  
00:21:50,840 --> 00:21:52,120  
它与费用的对比  
  
557  
00:21:52,620 --> 00:21:55,260  
一个是脉硕虚，一个是硕实  
  
558  
00:21:55,300 --> 00:21:55,620  
对吧  
  
559  
00:21:55,940 --> 00:21:58,900  
那脉也代表了他脉主要讲的是病机嘛  
  
560  
00:21:59,060 --> 00:21:59,900  
虚实的病机  
  
561  
00:22:01,360 --> 00:22:01,480  
好  
  
562  
00:22:01,480 --> 00:22:05,280  
我们往下看原文，该篇第五条  
  
563  
00:22:07,010 --> 00:22:09,770  
肺痿，那么这盖棺啊  
  
564  
00:22:09,930 --> 00:22:11,010  
那么首先告诉你说  
  
565  
00:22:11,810 --> 00:22:13,770  
戴个帽子肺痿病对吧  
  
566  
00:22:14,600 --> 00:22:15,360  
怎么着呢  
  
567  
00:22:16,160 --> 00:22:17,680  
吐涎沫而不可者  
  
568  
00:22:18,920 --> 00:22:20,200  
我们说三件套啊  
  
569  
00:22:20,200 --> 00:22:21,280  
那这块少一个  
  
570  
00:22:21,320 --> 00:22:24,920  
他不咳嗽，但是有什么有吐涎沫  
  
571  
00:22:25,920 --> 00:22:26,200  
呃  
  
572  
00:22:27,970 --> 00:22:30,560  
其实不可B怎么着呢  
  
573  
00:22:31,080 --> 00:22:35,200  
一尿小便数，那么这块就说了他的两个特征  
  
574  
00:22:35,880 --> 00:22:37,520  
口不渴，但是口中吐咸  
  
575  
00:22:38,900 --> 00:22:41,020  
不咳嗽，但是小便特别多  
  
576  
00:22:41,820 --> 00:22:43,820  
一尿小便收摄不住  
  
577  
00:22:44,540 --> 00:22:47,720  
那为啥说弦墨那么多  
  
578  
00:22:48,760 --> 00:22:51,760  
呃小便还收摄不住呢  
  
579  
00:22:52,920 --> 00:22:54,160  
这个我跟大家讲过  
  
580  
00:22:54,160 --> 00:22:56,390  
我们长春一系，呃  
  
581  
00:22:56,510 --> 00:22:57,550  
读伤寒对吧  
  
582  
00:22:57,910 --> 00:23:00,430  
那么就是要讲究字解法啊  
  
583  
00:23:00,590 --> 00:23:01,430  
讲究字节法  
  
584  
00:23:02,310 --> 00:23:02,590  
呃  
  
585  
00:23:04,050 --> 00:23:07,810  
那么我教书源自于寿恩，恩是王军教授啊  
  
586  
00:23:07,810 --> 00:23:08,690  
王王教授呢  
  
587  
00:23:08,690 --> 00:23:09,890  
他就最重视这个  
  
588  
00:23:10,320 --> 00:23:11,040  
呃，伤寒论  
  
589  
00:23:11,240 --> 00:23:12,880  
他说你不用自己去找注解了  
  
590  
00:23:12,880 --> 00:23:13,600  
那书里都有  
  
591  
00:23:14,080 --> 00:23:15,800  
那么这块就有了，叫所以然者  
  
592  
00:23:16,280 --> 00:23:17,200  
所以然者什么呢  
  
593  
00:23:17,730 --> 00:23:20,970  
以上虚不能制下固也啊  
  
594  
00:23:21,010 --> 00:23:24,490  
以上虚不能制下固也，呃啥啥意思  
  
595  
00:23:24,490 --> 00:23:26,930  
什么叫上虚不能制下上指，上焦  
  
596  
00:23:27,570 --> 00:23:28,410  
下注下焦  
  
597  
00:23:28,930 --> 00:23:30,330  
那么上什么虚了  
  
598  
00:23:30,570 --> 00:23:31,930  
那你从这个角度上一看  
  
599  
00:23:32,690 --> 00:23:34,210  
那个你还是有点懵  
  
600  
00:23:34,850 --> 00:23:35,410  
那咋办  
  
601  
00:23:35,450 --> 00:23:36,450  
接着自解啊  
  
602  
00:23:37,170 --> 00:23:38,050  
下头又解了吧  
  
603  
00:23:38,450 --> 00:23:40,460  
此什么肺中冷  
  
604  
00:23:40,460 --> 00:23:42,300  
完事啊到这定论  
  
605  
00:23:42,660 --> 00:23:45,820  
那么这个因此说所谓上虚，是指什么  
  
606  
00:23:45,820 --> 00:23:46,580  
是阳虚  
  
607  
00:23:47,420 --> 00:23:48,980  
那么上焦阳不足  
  
608  
00:23:49,340 --> 00:23:51,620  
阳不足之后阳气啊  
  
609  
00:23:52,180 --> 00:23:54,160  
我们说这个，呃  
  
610  
00:23:54,200 --> 00:23:55,920  
所谓阳和阴  
  
611  
00:23:56,520 --> 00:23:58,720  
他俩是要互相节制的吧  
  
612  
00:23:59,200 --> 00:24:02,230  
所谓一火之源，以消阴亦反之  
  
613  
00:24:02,390 --> 00:24:04,310  
壮水之主要以制阳光  
  
614  
00:24:04,800 --> 00:24:06,520  
那么这两个之间是互相节制  
  
615  
00:24:06,520 --> 00:24:08,400  
你上头这个阳不足  
  
616  
00:24:08,880 --> 00:24:10,560  
那么不能照射下缘  
  
617  
00:24:11,040 --> 00:24:15,070  
下缘蓄冷，它一定就是小便淋漓呀  
  
618  
00:24:15,470 --> 00:24:17,870  
咱们在临床上说一个非常简单的问题  
  
619  
00:24:17,870 --> 00:24:18,790  
临床上患者一来  
  
620  
00:24:19,150 --> 00:24:25,220  
你大麦这个两个尺脉特别虚沉  
  
621  
00:24:25,570 --> 00:24:26,170  
是不是  
  
622  
00:24:26,410 --> 00:24:26,610  
哎  
  
623  
00:24:26,690 --> 00:24:27,970  
沉而无力，那都摸不着  
  
624  
00:24:28,250 --> 00:24:30,090  
那么阳气根本就到不了下缘  
  
625  
00:24:30,490 --> 00:24:31,970  
那这时候你问患者  
  
626  
00:24:31,970 --> 00:24:33,570  
你是不是小便憋不住啊  
  
627  
00:24:34,470 --> 00:24:35,950  
哎，患者说两种可能  
  
628  
00:24:36,320 --> 00:24:36,920  
第一种诶  
  
629  
00:24:37,000 --> 00:24:38,640  
大夫，你说针对憋不住  
  
630  
00:24:39,080 --> 00:24:40,000  
第二种可能呢  
  
631  
00:24:40,400 --> 00:24:41,920  
他说我没注意啊  
  
632  
00:24:41,920 --> 00:24:42,800  
那原因很简单  
  
633  
00:24:42,800 --> 00:24:43,800  
是因为你没喝水  
  
634  
00:24:44,290 --> 00:24:45,730  
喝水就想起来了啊  
  
635  
00:24:46,010 --> 00:24:47,410  
喝水之后跑的可快了  
  
636  
00:24:47,570 --> 00:24:49,010  
这种患者临床特别多啊  
  
637  
00:24:49,010 --> 00:24:51,090  
我一大麦，我说你小便憋不住吧  
  
638  
00:24:51,430 --> 00:24:52,070  
他说没有  
  
639  
00:24:52,190 --> 00:24:53,910  
我说我说你喝完水就憋不住了  
  
640  
00:24:53,910 --> 00:24:54,070  
哎  
  
641  
00:24:54,070 --> 00:24:55,110  
他说，真是啊  
  
642  
00:24:55,390 --> 00:24:56,390  
想起来开个玩笑  
  
643  
00:24:56,710 --> 00:24:58,430  
那么这就是所谓上虚不能制下  
  
644  
00:24:58,430 --> 00:25:00,880  
是在我们临床中家常便饭的一个事  
  
645  
00:25:00,880 --> 00:25:01,960  
儿啊，总能看见  
  
646  
00:25:02,490 --> 00:25:06,570  
那么这个就是上焦的阳不能够下移于下焦  
  
647  
00:25:06,570 --> 00:25:06,890  
为什么  
  
648  
00:25:06,890 --> 00:25:08,370  
因为上头它没氧气，对吧  
  
649  
00:25:08,810 --> 00:25:09,810  
那么此非中冷  
  
650  
00:25:10,150 --> 00:25:11,470  
因此这个吐涎沫呢  
  
651  
00:25:11,910 --> 00:25:16,890  
我们也得理解，是一个肺中虚冷的一个问题啊  
  
652  
00:25:17,010 --> 00:25:18,250  
其实你回忆一下啊  
  
653  
00:25:19,400 --> 00:25:20,040  
非常有意思  
  
654  
00:25:20,040 --> 00:25:23,160  
因为我们这个后头给你讲说必悬悬是什么  
  
655  
00:25:23,160 --> 00:25:24,000  
是不是有水啊  
  
656  
00:25:24,680 --> 00:25:25,520  
哎，脾虚呀  
  
657  
00:25:26,040 --> 00:25:30,520  
多咸脱，甘草干姜汤以温之啊  
  
658  
00:25:30,840 --> 00:25:32,040  
甘草干姜汤以温之  
  
659  
00:25:32,940 --> 00:25:33,140  
呃  
  
660  
00:25:34,100 --> 00:25:38,140  
这个病的两大特征啊，两大特征  
  
661  
00:25:38,220 --> 00:25:38,660  
第一  
  
662  
00:25:40,030 --> 00:25:42,350  
吐涎沫就是口水多啊  
  
663  
00:25:42,350 --> 00:25:42,910  
明白了吧  
  
664  
00:25:43,430 --> 00:25:44,190  
第二大特征  
  
665  
00:25:45,030 --> 00:25:45,830  
小便频  
  
666  
00:25:46,710 --> 00:25:48,310  
但是还有一个特征就是头晕啊  
  
667  
00:25:48,310 --> 00:25:50,550  
但这在这不是特别凸显它  
  
668  
00:25:51,310 --> 00:25:54,190  
呃，那么这头晕也是因为脾虚寒啊  
  
669  
00:25:54,350 --> 00:25:56,830  
因为脾虚寒，用甘草干姜汤  
  
670  
00:25:58,110 --> 00:25:59,790  
那么这种情况呢  
  
671  
00:26:00,470 --> 00:26:01,390  
用甘草干姜  
  
672  
00:26:01,590 --> 00:26:02,490  
嗯，呃  
  
673  
00:26:02,570 --> 00:26:04,930  
它的原理啊和意思何在  
  
674  
00:26:05,410 --> 00:26:08,730  
其实我们回顾一下伤寒论中第395条  
  
675  
00:26:09,290 --> 00:26:11,430  
大家可能有印象啊  
  
676  
00:26:11,430 --> 00:26:13,190  
大病太后喜脱久不了了  
  
677  
00:26:13,750 --> 00:26:16,510  
胸上有寒当一丸药问治还记得吧  
  
678  
00:26:16,910 --> 00:26:19,270  
咱们用的啥汤啊，理中丸  
  
679  
00:26:20,030 --> 00:26:21,910  
那么你看看李中丸里都啥组成  
  
680  
00:26:22,390 --> 00:26:23,270  
有没有干姜  
  
681  
00:26:23,790 --> 00:26:24,630  
有没有甘草  
  
682  
00:26:25,390 --> 00:26:26,310  
有点意思了吧  
  
683  
00:26:26,710 --> 00:26:28,870  
那么我们在临床上经常碰见这种患者  
  
684  
00:26:28,910 --> 00:26:30,430  
来了之后他可能没有咳嗽  
  
685  
00:26:30,430 --> 00:26:31,190  
他也不是肺胃  
  
686  
00:26:31,550 --> 00:26:33,870  
但是他就是口水多多的不得了  
  
687  
00:26:34,240 --> 00:26:36,080  
这个你用各种方子可能不灵  
  
688  
00:26:36,160 --> 00:26:37,760  
但是一个理中丸下去  
  
689  
00:26:38,200 --> 00:26:39,840  
很多时候这口水就收了  
  
690  
00:26:40,320 --> 00:26:43,440  
说明这个，但但是人家那个叫什么呢  
  
691  
00:26:43,840 --> 00:26:46,140  
叫胸上有寒  
  
692  
00:26:46,780 --> 00:26:48,700  
那么胸上是哪，不还是肺吗  
  
693  
00:26:49,730 --> 00:26:51,810  
那么跟这个肺中冷是不是相通啊  
  
694  
00:26:52,090 --> 00:26:52,290  
哎  
  
695  
00:26:52,290 --> 00:26:53,330  
他很很接近  
  
696  
00:26:54,180 --> 00:26:55,260  
呃，之后呢  
  
697  
00:26:55,380 --> 00:26:57,860  
告诉你说服汤已渴者暑消渴  
  
698  
00:26:58,460 --> 00:27:00,340  
那么这块呢，就讲啊  
  
699  
00:27:00,830 --> 00:27:01,030  
呃  
  
700  
00:27:01,150 --> 00:27:02,830  
你服了甘草干姜汤之后  
  
701  
00:27:02,870 --> 00:27:05,680  
口燥，说明津液又不足了  
  
702  
00:27:05,680 --> 00:27:06,760  
那就是调过了  
  
703  
00:27:06,800 --> 00:27:08,600  
调过了，你再往回揪一揪啊  
  
704  
00:27:08,960 --> 00:27:10,400  
那么中医有的时候治病呢  
  
705  
00:27:10,400 --> 00:27:13,530  
就是在两头纠偏，以偏治偏啊  
  
706  
00:27:13,850 --> 00:27:14,490  
你偏于寒  
  
707  
00:27:14,530 --> 00:27:16,930  
我就给你用点热药给你往回掰一掰，对吧  
  
708  
00:27:17,170 --> 00:27:18,770  
但有的时候不小心掰过了怎么办  
  
709  
00:27:18,770 --> 00:27:19,970  
那再往回掰掰啊  
  
710  
00:27:20,330 --> 00:27:21,530  
就像划船似的  
  
711  
00:27:21,530 --> 00:27:23,130  
左边一讲，右边一讲啊  
  
712  
00:27:23,490 --> 00:27:25,850  
但是你方向是要往前去啊  
  
713  
00:27:27,200 --> 00:27:27,960  
非常有意思  
  
714  
00:27:28,240 --> 00:27:29,680  
那么这里头用了甘草干姜汤  
  
715  
00:27:29,760 --> 00:27:31,700  
我们看一下条纹，呃  
  
716  
00:27:31,700 --> 00:27:32,940  
甘草干姜汤这个方呢  
  
717  
00:27:32,940 --> 00:27:34,380  
大家并不陌生啊  
  
718  
00:27:34,380 --> 00:27:37,700  
咱们在学习伤寒论第29条的时候还记得吧  
  
719  
00:27:38,240 --> 00:27:39,920  
当时我们说过一个问题啊  
  
720  
00:27:39,920 --> 00:27:42,800  
本来是一个呃，像是桂枝汤的病  
  
721  
00:27:43,160 --> 00:27:43,960  
但这人呢  
  
722  
00:27:44,380 --> 00:27:46,340  
呃，小编硕误用了硅脂工表  
  
723  
00:27:47,020 --> 00:27:49,290  
造成了阳气被劫，啊  
  
724  
00:27:49,410 --> 00:27:51,970  
那么发生了四肢厥冷的问题  
  
725  
00:27:52,010 --> 00:27:53,930  
告诉你用甘草干姜汤以复其阳  
  
726  
00:27:54,450 --> 00:27:56,530  
但那甘草干姜汤我们注意一个问题啊  
  
727  
00:27:57,120 --> 00:27:57,320  
呃  
  
728  
00:27:57,760 --> 00:27:59,640  
它的干姜就是干姜  
  
729  
00:28:00,160 --> 00:28:02,840  
我们这干姜，你仔细看看他用的是啥姜  
  
730  
00:28:03,790 --> 00:28:04,030  
哎  
  
731  
00:28:04,070 --> 00:28:05,710  
你仔细看你就发现一个问题  
  
732  
00:28:06,030 --> 00:28:09,430  
他用的其实是我们今天说的刨姜  
  
733  
00:28:10,500 --> 00:28:12,860  
那在这儿有啥区别呢  
  
734  
00:28:12,860 --> 00:28:14,980  
实际上它的区别是大的  
  
735  
00:28:15,380 --> 00:28:17,580  
我们说干姜的味是什么味呢  
  
736  
00:28:18,380 --> 00:28:21,180  
辛味辛甘则怎么办啊  
  
737  
00:28:22,340 --> 00:28:23,260  
心甘泽华阳  
  
738  
00:28:24,090 --> 00:28:25,210  
那么这个华阳啊  
  
739  
00:28:25,600 --> 00:28:26,880  
我们说正常的话  
  
740  
00:28:26,920 --> 00:28:29,600  
温，这个寒气是没问题的啊  
  
741  
00:28:29,640 --> 00:28:31,240  
这个这呢，一点问题没有  
  
742  
00:28:31,600 --> 00:28:32,520  
但是在这呢  
  
743  
00:28:32,960 --> 00:28:34,000  
有这么一点啊  
  
744  
00:28:35,630 --> 00:28:37,870  
气已经比较微弱了  
  
745  
00:28:38,190 --> 00:28:39,070  
我们说一个问题  
  
746  
00:28:39,710 --> 00:28:41,390  
还记得我刚才讲的那个病因吗  
  
747  
00:28:41,390 --> 00:28:42,590  
我给大家画上啊  
  
748  
00:28:43,810 --> 00:28:46,450  
那么肺痿这个病的整个的病因病机  
  
749  
00:28:46,890 --> 00:28:49,490  
它的核心是造  
  
750  
00:28:51,860 --> 00:28:52,540  
核心是燥  
  
751  
00:28:53,300 --> 00:28:53,820  
明白了吧  
  
752  
00:28:54,140 --> 00:28:56,220  
但是它两边呢，要有两端  
  
753  
00:28:57,420 --> 00:29:00,740  
一边是寒，一边是热  
  
754  
00:29:01,700 --> 00:29:05,620  
而且这个燥会出现一个非常有趣的象  
  
755  
00:29:06,380 --> 00:29:08,260  
就是口中要有咸拓  
  
756  
00:29:09,510 --> 00:29:09,710  
哎  
  
757  
00:29:09,790 --> 00:29:10,430  
在这块呢  
  
758  
00:29:10,430 --> 00:29:11,630  
我们就一边讲方子  
  
759  
00:29:11,630 --> 00:29:13,590  
一边把道理给大家说清楚啊  
  
760  
00:29:14,690 --> 00:29:18,010  
那我们说口燥的时候一般是口干呢，对吧  
  
761  
00:29:18,710 --> 00:29:20,990  
那那肺庸还是口中哔哔燥  
  
762  
00:29:21,030 --> 00:29:24,590  
那为啥你你肺痿，你说津液都不足了  
  
763  
00:29:24,910 --> 00:29:26,750  
他口里要有唾液呢  
  
764  
00:29:27,450 --> 00:29:30,130  
这个就不得不说我们的伤寒金贵啊  
  
765  
00:29:30,570 --> 00:29:33,330  
你要想明白，你必须要发明内经奥制  
  
766  
00:29:34,310 --> 00:29:35,390  
那么还是经脉  
  
767  
00:29:35,390 --> 00:29:36,510  
别论中间说的那句话  
  
768  
00:29:37,190 --> 00:29:39,790  
脾气散精，要干嘛呀  
  
769  
00:29:40,390 --> 00:29:41,310  
上归于肺  
  
770  
00:29:41,430 --> 00:29:41,950  
你看啊  
  
771  
00:29:42,390 --> 00:29:43,550  
这个饮入于胃  
  
772  
00:29:43,950 --> 00:29:45,950  
你喝的水进了胃之后  
  
773  
00:29:46,630 --> 00:29:48,350  
由于精气那么上，属于脾了吧  
  
774  
00:29:48,350 --> 00:29:49,670  
他给脾了，脾之后怎么办  
  
775  
00:29:49,950 --> 00:29:51,150  
脾要把这水给谁啊  
  
776  
00:29:51,430 --> 00:29:52,270  
要上归于肺  
  
777  
00:29:52,870 --> 00:29:54,750  
但是现在肺燥了之后  
  
778  
00:29:54,790 --> 00:29:56,110  
它不只是干燥的问题  
  
779  
00:29:57,110 --> 00:30:00,270  
那么肺中的水液不是你喝下去的水  
  
780  
00:30:01,100 --> 00:30:03,340  
它是五脏化生出来的水，对不对  
  
781  
00:30:03,660 --> 00:30:05,500  
它有一个先天和后天的变化  
  
782  
00:30:05,820 --> 00:30:07,460  
那么你那个喝那个水呢  
  
783  
00:30:07,900 --> 00:30:10,300  
那么是是水之前啊  
  
784  
00:30:10,300 --> 00:30:11,560  
没有精气  
  
785  
00:30:11,920 --> 00:30:13,640  
没有真气进去，它不是精液  
  
786  
00:30:13,640 --> 00:30:15,040  
它就是喝的自然的水  
  
787  
00:30:15,360 --> 00:30:16,720  
它要被废气调动  
  
788  
00:30:16,800 --> 00:30:18,080  
要水晶四部给膀胱  
  
789  
00:30:18,080 --> 00:30:21,290  
膀胱最后再在在在五经并行，是不是啊  
  
790  
00:30:21,650 --> 00:30:23,250  
那么你还没到膀胱呢啊  
  
791  
00:30:23,610 --> 00:30:27,010  
那么这个水就是一个人体代谢的中间产物  
  
792  
00:30:27,470 --> 00:30:29,630  
那么几乎就等于我们今天说的痰饮  
  
793  
00:30:30,230 --> 00:30:31,150  
它里头没有真气  
  
794  
00:30:31,430 --> 00:30:32,230  
但这个水呢  
  
795  
00:30:32,670 --> 00:30:36,030  
它在交接给肺的时候出现了问题  
  
796  
00:30:36,510 --> 00:30:37,270  
肺怎么样  
  
797  
00:30:37,630 --> 00:30:40,150  
肺萎了就是我们刚才讲的枯萎枯萎  
  
798  
00:30:40,590 --> 00:30:41,430  
打一比方啊  
  
799  
00:30:41,430 --> 00:30:42,430  
我打一个比方  
  
800  
00:30:43,230 --> 00:30:47,270  
就像你满心欢喜的在早市上买了一束花  
  
801  
00:30:48,350 --> 00:30:48,950  
回家呀  
  
802  
00:30:49,510 --> 00:30:53,190  
想插在那个花瓶里头，把它养起来  
  
803  
00:30:53,730 --> 00:30:54,810  
但是没想到呢  
  
804  
00:30:55,210 --> 00:30:59,010  
你把它插到花瓶里之后，你发现那个水啊  
  
805  
00:30:59,410 --> 00:31:00,690  
根本就不往下下  
  
806  
00:31:01,890 --> 00:31:02,810  
明白啥意思了吧  
  
807  
00:31:02,930 --> 00:31:05,770  
那正常你你你养花那水它不得往下走吗  
  
808  
00:31:06,010 --> 00:31:07,130  
它根本就不往下走  
  
809  
00:31:07,850 --> 00:31:11,330  
反倒呢，过几天你发现那个水质它都可能有变化  
  
810  
00:31:11,890 --> 00:31:12,170  
呃  
  
811  
00:31:12,820 --> 00:31:14,180  
那么这个就说明一个问题  
  
812  
00:31:14,580 --> 00:31:16,300  
可能那个花早就干了  
  
813  
00:31:17,000 --> 00:31:18,040  
这个大家明白了吧  
  
814  
00:31:18,320 --> 00:31:20,440  
那么现在也是这个脾脏呢  
  
815  
00:31:20,440 --> 00:31:22,960  
满心欢喜的把津液交接给肺  
  
816  
00:31:23,570 --> 00:31:26,250  
希望肺能通调水道下输膀胱  
  
817  
00:31:26,650 --> 00:31:28,170  
但是这个水上来之后  
  
818  
00:31:28,890 --> 00:31:30,650  
废这个衙门现在不干活了  
  
819  
00:31:31,090 --> 00:31:34,370  
为什么虫王今夜之后废萎了  
  
820  
00:31:35,500 --> 00:31:36,220  
肺叶儿啊  
  
821  
00:31:36,300 --> 00:31:39,060  
我们讲肺，我们经常拿叶子做比喻吧  
  
822  
00:31:39,540 --> 00:31:40,020  
肺叶  
  
823  
00:31:40,020 --> 00:31:43,470  
肺叶枯萎了，为啥枯萎啊  
  
824  
00:31:44,110 --> 00:31:46,670  
或寒或热都是它的原因  
  
825  
00:31:47,190 --> 00:31:48,830  
或者是因为寒气  
  
826  
00:31:49,230 --> 00:31:53,110  
那么所谓秋霜而至也会导致树叶凋零  
  
827  
00:31:53,700 --> 00:31:55,980  
或者夏天暑气太盛  
  
828  
00:31:57,360 --> 00:32:00,400  
那么我在南方有的时候也经常看见夏天特别热的时候  
  
829  
00:32:00,400 --> 00:32:01,960  
真的就把那树叶晒黄了  
  
830  
00:32:02,170 --> 00:32:03,210  
也会产生肺癌  
  
831  
00:32:03,330 --> 00:32:07,250  
因此，我们不要再争论说肺痿到底是温病还是伤寒  
  
832  
00:32:08,490 --> 00:32:11,550  
都能，也都不能是这道理吧  
  
833  
00:32:11,670 --> 00:32:15,990  
那你你看他不论是这个原因还是那个原因，造成树叶萎了  
  
834  
00:32:15,990 --> 00:32:19,030  
萎了之后，那么脾这个精气是不是没地方去了  
  
835  
00:32:19,510 --> 00:32:20,390  
没地方去之后  
  
836  
00:32:20,390 --> 00:32:26,190  
他只能那么反出来我们所所谓脾为生痰之源啊  
  
837  
00:32:26,230 --> 00:32:26,910  
那为啥呀  
  
838  
00:32:26,990 --> 00:32:29,790  
脾的气机它不能自己的切化  
  
839  
00:32:30,640 --> 00:32:32,280  
那最后就只能吐出来  
  
840  
00:32:32,280 --> 00:32:33,600  
吐出来之后就脾  
  
841  
00:32:33,960 --> 00:32:36,160  
脾中是以什么为体现啊咸  
  
842  
00:32:36,200 --> 00:32:38,630  
拓所谓浊唾涎沫  
  
843  
00:32:38,630 --> 00:32:39,030  
你看啊  
  
844  
00:32:39,470 --> 00:32:43,070  
拓不是普通的拓，是非常浊的污浊的  
  
845  
00:32:43,070 --> 00:32:44,110  
这种粘稠的  
  
846  
00:32:44,110 --> 00:32:46,490  
这种拓，那个那个咸呢  
  
847  
00:32:46,490 --> 00:32:48,010  
也不是咸，而是带沫的咸  
  
848  
00:32:48,330 --> 00:32:51,010  
都是津液代谢的半成品  
  
849  
00:32:52,010 --> 00:32:53,290  
它不是我们正常的  
  
850  
00:32:53,290 --> 00:32:55,010  
他这个重点就要说明一个什么问题  
  
851  
00:32:55,130 --> 00:32:57,250  
就说你口里这个唾液不是正常唾液  
  
852  
00:32:58,460 --> 00:32:58,980  
明白了吧  
  
853  
00:32:59,100 --> 00:32:59,860  
它是半成品  
  
854  
00:33:00,220 --> 00:33:01,300  
半成品来源于脾  
  
855  
00:33:01,620 --> 00:33:03,260  
脾气散精，不能伤过于肺  
  
856  
00:33:03,780 --> 00:33:04,900  
为啥不能伤过于肺  
  
857  
00:33:04,900 --> 00:33:05,940  
因为肺萎了  
  
858  
00:33:06,460 --> 00:33:08,380  
肺叶现在什么枯萎了，对吧  
  
859  
00:33:08,740 --> 00:33:09,500  
形如槁木  
  
860  
00:33:09,580 --> 00:33:11,100  
纤维化了，这样了  
  
861  
00:33:12,070 --> 00:33:12,910  
那么这个时候呢  
  
862  
00:33:12,950 --> 00:33:15,350  
我们说第一种治疗方式  
  
863  
00:33:15,350 --> 00:33:17,590  
就是用甘草干姜汤治疗这个肺中冷  
  
864  
00:33:18,070 --> 00:33:22,660  
那么把干姜变成刨姜的意思就在此  
  
865  
00:33:23,100 --> 00:33:24,260  
如果是干姜呢  
  
866  
00:33:24,340 --> 00:33:27,500  
那就是一个著名的化合，叫辛甘化阳吧  
  
867  
00:33:28,400 --> 00:33:29,200  
是这个道理吧  
  
868  
00:33:29,640 --> 00:33:31,840  
但是我们把它刨完之后  
  
869  
00:33:31,840 --> 00:33:33,240  
这味道变什么味道了  
  
870  
00:33:34,640 --> 00:33:35,960  
刨过的姜变什么味，儿  
  
871  
00:33:37,360 --> 00:33:39,740  
大家猜猜也对，很好  
  
872  
00:33:39,740 --> 00:33:40,620  
一定是什么  
  
873  
00:33:40,980 --> 00:33:42,020  
一定是苦味吗  
  
874  
00:33:42,340 --> 00:33:43,860  
那你刨了之后就抛焦了嘛  
  
875  
00:33:43,860 --> 00:33:44,660  
刨黑了是吧  
  
876  
00:33:44,980 --> 00:33:49,800  
变成苦味，苦和甘在一起也能化合四个字  
  
877  
00:33:49,920 --> 00:33:52,680  
所谓苦甘化阴，明白了吧  
  
878  
00:33:53,080 --> 00:33:54,440  
因此证明一个问题  
  
879  
00:33:54,480 --> 00:33:59,920  
甘草干姜汤温阳治肺中冷只是手段  
  
880  
00:34:00,880 --> 00:34:04,800  
最终要让它化阴液才是目的  
  
881  
00:34:05,480 --> 00:34:06,400  
大家明白了吧  
  
882  
00:34:07,260 --> 00:34:11,940  
无论我用升阳的方式，还是和阴的方式  
  
883  
00:34:12,540 --> 00:34:15,659  
总之最后我都要让肺中去生阴液  
  
884  
00:34:16,449 --> 00:34:19,570  
这才是解决关壳层面的一个关键问题  
  
885  
00:34:20,090 --> 00:34:21,409  
不是直接往里补水  
  
886  
00:34:22,020 --> 00:34:22,780  
直接往里补水  
  
887  
00:34:22,780 --> 00:34:25,620  
你补补进去的不是它自己化生出来的水  
  
888  
00:34:25,980 --> 00:34:28,219  
那你就把它补成啥了  
  
889  
00:34:29,179 --> 00:34:31,460  
那你输二百二百cc水进去  
  
890  
00:34:31,460 --> 00:34:33,780  
你等于输了200cc失血知道吗  
  
891  
00:34:34,060 --> 00:34:39,570  
那你那你这个口里头产生的那个灼拓弦墨就更多了  
  
892  
00:34:39,770 --> 00:34:41,929  
而是让他自己要变刚为柔  
  
893  
00:34:42,219 --> 00:34:44,659  
自己化生出化生出津液来  
  
894  
00:34:44,659 --> 00:34:45,820  
那是他自己的对不对  
  
895  
00:34:46,179 --> 00:34:49,380  
那时候费伟的问题就怎么样就解决了，就解决了  
  
896  
00:34:50,550 --> 00:34:53,030  
让他产生这种化化成津液的能力啊  
  
897  
00:34:53,429 --> 00:34:57,300  
那么这就是呃甘草干姜汤的方义啊  
  
898  
00:34:57,300 --> 00:34:58,820  
在这呢，跟大家都说清了  
  
899  
00:34:59,100 --> 00:35:00,980  
那么甘草甘经在临证的时候呢  
  
900  
00:35:00,980 --> 00:35:05,670  
其实你重点关注的就是它的又寸和右冠啊  
  
901  
00:35:05,670 --> 00:35:06,790  
那么为啥这样呢  
  
902  
00:35:06,790 --> 00:35:08,190  
其实它里头也有一个  
  
903  
00:35:08,890 --> 00:35:10,650  
呃，有这有这么一个道理啊  
  
904  
00:35:10,730 --> 00:35:12,010  
我们可以这样去理解它  
  
905  
00:35:12,850 --> 00:35:15,130  
呃，是上次也给大家讲过  
  
906  
00:35:15,570 --> 00:35:18,850  
肺脏疾病跟其他脏器有一个非常不同的要点  
  
907  
00:35:19,750 --> 00:35:22,110  
它往往在于你要调肺  
  
908  
00:35:22,390 --> 00:35:23,710  
很多时候你要先温脾  
  
909  
00:35:24,630 --> 00:35:28,770  
这个呢，就是古人所讲的一个非常直观的概念  
  
910  
00:35:28,850 --> 00:35:31,630  
称之为什么叫培土生金啊  
  
911  
00:35:31,630 --> 00:35:33,990  
在这儿你必须要温养脾土  
  
912  
00:35:34,550 --> 00:35:36,870  
脾土壮盛才能生肺金啊  
  
913  
00:35:36,870 --> 00:35:38,470  
这是他非常重要的一个概念  
  
914  
00:35:39,570 --> 00:35:39,770  
呃  
  
915  
00:35:39,890 --> 00:35:42,730  
那么也体现了两个问题啊  
  
916  
00:35:42,850 --> 00:35:46,450  
第一个问题呢，就是所谓虚则补其母  
  
917  
00:35:47,100 --> 00:35:49,180  
那肺虚我需要补脾土，对吧  
  
918  
00:35:49,300 --> 00:35:51,140  
虚则补脾木，第二个问题呢  
  
919  
00:35:51,340 --> 00:35:56,260  
你看肺痿这块就特别展现了一个淋漓尽致的思维方式，咱们还记不记得  
  
920  
00:35:56,260 --> 00:35:59,700  
金匮要略一开始的时候讲叫见肝之病，知肝传脾啊  
  
921  
00:35:59,960 --> 00:36:01,040  
叫治未病是吧  
  
922  
00:36:01,040 --> 00:36:03,160  
上工治未病，那在这就是这个问题  
  
923  
00:36:03,480 --> 00:36:06,360  
我如果肺痿，我直接去补肺脏的津液  
  
924  
00:36:07,360 --> 00:36:10,120  
我来百合来麦冬，这个叫治已病  
  
925  
00:36:10,160 --> 00:36:10,960  
不是不能用  
  
926  
00:36:11,360 --> 00:36:13,920  
而是不到那个万不得已的时候呢  
  
927  
00:36:14,390 --> 00:36:16,870  
你不要上来就直接去解决，结果  
  
928  
00:36:17,190 --> 00:36:18,190  
这时候要治什么  
  
929  
00:36:18,190 --> 00:36:18,910  
要治原因  
  
930  
00:36:19,460 --> 00:36:20,300  
原因是什么  
  
931  
00:36:20,420 --> 00:36:22,220  
原因是脾土肺主那个  
  
932  
00:36:22,220 --> 00:36:24,380  
那个肺中冷的原因是脾寒嘛  
  
933  
00:36:24,920 --> 00:36:26,880  
脾寒之后不能温肺吗  
  
934  
00:36:27,360 --> 00:36:30,120  
那么这个就是所谓治胃病的一个概念啊，在这  
  
935  
00:36:31,530 --> 00:36:32,770  
呃，从六经上来说  
  
936  
00:36:32,890 --> 00:36:36,040  
一个太阴太阴属金  
  
937  
00:36:36,240 --> 00:36:37,920  
一个阳明主土嘛，对吧  
  
938  
00:36:38,600 --> 00:36:39,520  
呃，阳明未土  
  
939  
00:36:39,560 --> 00:36:40,440  
一个是太阴肺  
  
940  
00:36:41,080 --> 00:36:42,160  
呃，他俩的这个  
  
941  
00:36:43,690 --> 00:36:44,050  
生成  
  
942  
00:36:44,970 --> 00:36:45,690  
呃，这个呢  
  
943  
00:36:45,690 --> 00:36:46,810  
不给大家多说了  
  
944  
00:36:46,810 --> 00:36:48,690  
说到这就就可以了  
  
945  
00:36:49,930 --> 00:36:50,410  
我们  
  
946  
00:36:52,800 --> 00:36:53,640  
往后啊  
  
947  
00:36:53,720 --> 00:36:57,230  
看这个厚度的复方，关于肺痿呢  
  
948  
00:36:57,270 --> 00:36:58,150  
后面的方呢  
  
949  
00:36:58,390 --> 00:36:59,870  
全在复方之中啊  
  
950  
00:36:59,910 --> 00:37:03,550  
那么给大家大家念叨念叨，复方第一首  
  
951  
00:37:03,710 --> 00:37:05,350  
外苔炙甘草汤  
  
952  
00:37:06,970 --> 00:37:08,130  
呃，他这个方呢  
  
953  
00:37:08,370 --> 00:37:09,530  
见于虚劳篇  
  
954  
00:37:10,450 --> 00:37:15,370  
但是这个原方，基本上跟咱们伤寒学那个志愿草堂基本一致啊  
  
955  
00:37:16,540 --> 00:37:17,620  
在这说了一个问题  
  
956  
00:37:17,660 --> 00:37:20,460  
肺痿之后嫌拓多，咱们大家已经知道了吧  
  
957  
00:37:20,900 --> 00:37:23,180  
所谓废痿之后，肺脏适用  
  
958  
00:37:23,750 --> 00:37:24,790  
不能通调水道  
  
959  
00:37:25,070 --> 00:37:26,710  
那么这时候脾经上行呢  
  
960  
00:37:26,710 --> 00:37:31,250  
不能化气，就会以弦拓的形式出来啊  
  
961  
00:37:31,290 --> 00:37:34,290  
这是他一个基本的原因  
  
962  
00:37:34,970 --> 00:37:39,030  
这多了一个问题，叫心中温温夜夜  
  
963  
00:37:39,750 --> 00:37:42,070  
那么关于这个文文业业到底是什么啊  
  
964  
00:37:42,070 --> 00:37:46,830  
由于我们跟古人的这个语言习惯已经有所变化  
  
965  
00:37:46,910 --> 00:37:47,870  
所以在这呢  
  
966  
00:37:50,300 --> 00:37:52,420  
没有特别直观的解释啊  
  
967  
00:37:52,420 --> 00:37:53,740  
只能借助古人  
  
968  
00:37:53,820 --> 00:37:57,180  
那我说这古人其实离张仲景已经差了1000多年了啊  
  
969  
00:37:57,470 --> 00:38:00,990  
那明清两代的一家大多数认为温温业业  
  
970  
00:38:01,550 --> 00:38:03,790  
那么两个两个说法啊  
  
971  
00:38:03,790 --> 00:38:07,980  
第一种说法就是说他的心中有温燥之象  
  
972  
00:38:08,660 --> 00:38:12,110  
他整个觉得那个胸中啊有这个温热啊  
  
973  
00:38:12,110 --> 00:38:13,790  
这是第一个，第二个呢  
  
974  
00:38:14,190 --> 00:38:17,350  
那么会觉得心下啊，也不能叫新下  
  
975  
00:38:17,350 --> 00:38:19,530  
就是就肺吧  
  
976  
00:38:19,890 --> 00:38:24,570  
讲究胸膈之中，夜夜就是像有水液弹弦一样的感觉  
  
977  
00:38:25,210 --> 00:38:26,690  
一呼吸的时候什么样啊  
  
978  
00:38:27,750 --> 00:38:29,390  
哎呀呼啦呼啦呼啦  
  
979  
00:38:29,390 --> 00:38:31,710  
就这种感觉问问爷爷  
  
980  
00:38:32,070 --> 00:38:34,470  
但是不管哪种，他一定要有个前提  
  
981  
00:38:34,930 --> 00:38:36,650  
就是费中多贤脱  
  
982  
00:38:37,050 --> 00:38:39,810  
但是我个人认为啊，这是我个人理解  
  
983  
00:38:40,130 --> 00:38:41,490  
虽然条文中没说  
  
984  
00:38:42,000 --> 00:38:47,920  
但是我觉得这个患者肯定在一定程度上会伴有心脏的  
  
985  
00:38:49,020 --> 00:38:53,870  
比如说卖绿的这个这个早搏啊，或者脉律不齐  
  
986  
00:38:54,230 --> 00:38:58,830  
类似于伤寒论炙甘草汤这个所谓脉结代的问题  
  
987  
00:38:59,630 --> 00:39:01,230  
或者是鉴于心动悸  
  
988  
00:39:02,460 --> 00:39:03,140  
那么为什么  
  
989  
00:39:03,140 --> 00:39:05,140  
因为从它的治法上跟炙甘草汤  
  
990  
00:39:05,500 --> 00:39:06,900  
那么它基本就是如出一辙  
  
991  
00:39:07,220 --> 00:39:07,980  
炙甘草汤呢  
  
992  
00:39:07,980 --> 00:39:09,340  
它是阴阳双补  
  
993  
00:39:09,700 --> 00:39:10,620  
它不光是补阴  
  
994  
00:39:10,700 --> 00:39:11,340  
它也补阳  
  
995  
00:39:11,780 --> 00:39:13,940  
既有桂枝甘草的辛甘化阳  
  
996  
00:39:14,350 --> 00:39:14,990  
它里头呢  
  
997  
00:39:14,990 --> 00:39:18,190  
又有生地麦冬甘草大枣啊  
  
998  
00:39:18,270 --> 00:39:22,430  
这个整个的这个包括阿胶养阴液的这个手段  
  
999  
00:39:22,830 --> 00:39:24,750  
因此说我们说肺痿之病呢  
  
1000  
00:39:25,740 --> 00:39:27,820  
在这儿他就给我们一个提示  
  
1001  
00:39:28,500 --> 00:39:33,300  
除了用甘草干姜汤苦甘化阴，由阳变阴之外  
  
1002  
00:39:33,890 --> 00:39:36,770  
也可以直接去从阴生阳  
  
1003  
00:39:37,850 --> 00:39:39,970  
那么就是炙甘草汤唯他一个思路  
  
1004  
00:39:40,130 --> 00:39:42,170  
炙甘草汤之中生地的量是最大的  
  
1005  
00:39:42,170 --> 00:39:45,010  
是一斤，炙甘草只有四两  
  
1006  
00:39:46,130 --> 00:39:49,250  
那么能否这样，我从阳走不通  
  
1007  
00:39:49,250 --> 00:39:51,600  
我从阴走啊  
  
1008  
00:39:51,880 --> 00:39:53,160  
阴阳双运啊  
  
1009  
00:39:53,160 --> 00:39:56,280  
那么这个也是他的一个思路啊，作为参考  
  
1010  
00:39:57,430 --> 00:39:59,470  
呃，但是什么时候这么用呢  
  
1011  
00:39:59,470 --> 00:40:01,750  
就是心中温温夜夜，我觉得呢  
  
1012  
00:40:02,110 --> 00:40:03,070  
这个不免啊  
  
1013  
00:40:03,070 --> 00:40:04,390  
有心中动机之象  
  
1014  
00:40:04,670 --> 00:40:07,290  
那么可以作为一个林正的眼目  
  
1015  
00:40:09,050 --> 00:40:10,370  
往下一条啊  
  
1016  
00:40:10,970 --> 00:40:13,770  
呃，千金有一个生姜甘草汤  
  
1017  
00:40:13,930 --> 00:40:14,770  
它也治肺痿  
  
1018  
00:40:15,250 --> 00:40:16,370  
告诉你这么一个问题  
  
1019  
00:40:17,170 --> 00:40:21,530  
呃，咳唾涎沫不止这个断句呢  
  
1020  
00:40:21,530 --> 00:40:22,970  
我觉得应该这么断啊  
  
1021  
00:40:22,970 --> 00:40:24,450  
那每个版本断句不一样  
  
1022  
00:40:24,490 --> 00:40:27,290  
我个人认为至废尾逗号  
  
1023  
00:40:27,870 --> 00:40:28,430  
然后呢  
  
1024  
00:40:29,070 --> 00:40:31,470  
咳唾涎沫不止，这是我个人理解啊  
  
1025  
00:40:31,710 --> 00:40:33,350  
就是他重点说的不是咳嗽  
  
1026  
00:40:33,750 --> 00:40:35,870  
重点说的是啥呀，弦墨啊  
  
1027  
00:40:35,870 --> 00:40:36,950  
你一定要看到这一点  
  
1028  
00:40:37,350 --> 00:40:39,750  
因为这个要归到内经的生理  
  
1029  
00:40:40,150 --> 00:40:44,010  
就是所谓脾气散精之后，肺气适用  
  
1030  
00:40:44,610 --> 00:40:45,730  
不能化气，对吧  
  
1031  
00:40:46,170 --> 00:40:49,130  
那么造成了这个这个肺唾咸拓不断出现  
  
1032  
00:40:49,770 --> 00:40:49,970  
呃  
  
1033  
00:40:50,050 --> 00:40:54,810  
那么在临床上也约等于咱们说的那个之前说的理中啊  
  
1034  
00:40:54,890 --> 00:40:56,250  
喜拓久不了了啊  
  
1035  
00:40:56,370 --> 00:40:57,130  
胸上有寒  
  
1036  
00:40:58,250 --> 00:40:59,330  
那么约等于这个  
  
1037  
00:41:00,410 --> 00:41:02,170  
呃，之后怎么样了呢  
  
1038  
00:41:02,170 --> 00:41:02,850  
他说这么一个事  
  
1039  
00:41:02,850 --> 00:41:04,130  
儿叫烟燥而渴  
  
1040  
00:41:05,290 --> 00:41:05,490  
哎  
  
1041  
00:41:05,490 --> 00:41:07,970  
这个时候用了这么一张方叫，叫什么呢  
  
1042  
00:41:09,030 --> 00:41:10,870  
叫生姜甘草汤  
  
1043  
00:41:12,070 --> 00:41:14,190  
这个汤啊，有很多同学呢  
  
1044  
00:41:14,190 --> 00:41:15,590  
因为方背多了之后  
  
1045  
00:41:15,590 --> 00:41:17,110  
他就跟我说说，老师背不下来了  
  
1046  
00:41:17,470 --> 00:41:18,510  
这方不用你背  
  
1047  
00:41:20,110 --> 00:41:20,310  
哎  
  
1048  
00:41:20,430 --> 00:41:22,510  
总听我课的同学，你直接就拆开了  
  
1049  
00:41:22,510 --> 00:41:23,870  
你发现这个方式是啥呀  
  
1050  
00:41:24,310 --> 00:41:24,870  
同学们  
  
1051  
00:41:25,530 --> 00:41:25,730  
呃  
  
1052  
00:41:25,770 --> 00:41:27,370  
我经常上课的时候给你们讲啊  
  
1053  
00:41:28,010 --> 00:41:28,930  
仲景先师啊  
  
1054  
00:41:29,010 --> 00:41:32,940  
他在补虚的时候，他惯用的两种手法  
  
1055  
00:41:33,500 --> 00:41:33,940  
第一种  
  
1056  
00:41:34,460 --> 00:41:37,520  
当营卫虚弱，比较轻微  
  
1057  
00:41:38,000 --> 00:41:39,880  
它通常有三味药，哪三味药来着  
  
1058  
00:41:39,880 --> 00:41:40,840  
同学们，哎  
  
1059  
00:41:41,000 --> 00:41:41,640  
很好很好  
  
1060  
00:41:42,000 --> 00:41:43,200  
姜枣草，是不是  
  
1061  
00:41:44,170 --> 00:41:44,690  
草，早江  
  
1062  
00:41:45,090 --> 00:41:45,610  
看见了吧  
  
1063  
00:41:46,010 --> 00:41:48,690  
但是如果他虚得比较厉害，咋办啊  
  
1064  
00:41:49,310 --> 00:41:49,510  
哎  
  
1065  
00:41:49,750 --> 00:41:50,310  
非常好啊  
  
1066  
00:41:50,310 --> 00:41:52,910  
我都都已经熟悉我的套路了  
  
1067  
00:41:53,190 --> 00:41:56,590  
那么这个虚弱比较厉害的时候，他一定是深草藻  
  
1068  
00:41:57,510 --> 00:41:58,350  
你比如说前者  
  
1069  
00:41:58,870 --> 00:42:01,590  
咱们说草枣姜桂枝汤啊，等啊  
  
1070  
00:42:01,590 --> 00:42:02,230  
特别多吧  
  
1071  
00:42:02,230 --> 00:42:03,630  
我在这不胜枚举了  
  
1072  
00:42:04,270 --> 00:42:05,710  
那么参草枣也有很多呀  
  
1073  
00:42:06,360 --> 00:42:10,000  
你比如说那个呃，半夏泻心三泻心是吧  
  
1074  
00:42:10,200 --> 00:42:10,880  
都是这个呀  
  
1075  
00:42:11,120 --> 00:42:12,720  
那有没有一块用的也很多呀  
  
1076  
00:42:12,720 --> 00:42:13,520  
比如小柴胡  
  
1077  
00:42:14,230 --> 00:42:15,630  
我们说小柴胡什么特点啊  
  
1078  
00:42:15,630 --> 00:42:16,190  
见肝之病  
  
1079  
00:42:16,190 --> 00:42:16,790  
知肝传脾  
  
1080  
00:42:16,790 --> 00:42:19,590  
故当先实脾，四季脾旺不受邪  
  
1081  
00:42:19,990 --> 00:42:21,590  
呃，半夏  
  
1082  
00:42:23,420 --> 00:42:25,460  
黄芪和柴胡这三味药  
  
1083  
00:42:25,780 --> 00:42:27,940  
舒积少阳，去调肝  
  
1084  
00:42:28,740 --> 00:42:30,260  
参草枣姜四味祛湿脾  
  
1085  
00:42:30,500 --> 00:42:31,340  
健肝治病  
  
1086  
00:42:32,320 --> 00:42:33,080  
当线食品  
  
1087  
00:42:33,830 --> 00:42:34,030  
哎  
  
1088  
00:42:34,030 --> 00:42:36,950  
你看它的实脾的药是多于疏肝的药的  
  
1089  
00:42:36,950 --> 00:42:40,990  
这小柴胡的特点，咱们在上完课的时候已经讲的很详细了  
  
1090  
00:42:40,990 --> 00:42:41,630  
不再赘述  
  
1091  
00:42:42,010 --> 00:42:42,650  
但在这儿呢  
  
1092  
00:42:42,650 --> 00:42:44,850  
你看他用了这么一个方法  
  
1093  
00:42:45,310 --> 00:42:48,690  
把曹早江和参草枣合到一起  
  
1094  
00:42:49,290 --> 00:42:50,570  
但另有敬意啊  
  
1095  
00:42:50,570 --> 00:42:51,050  
另有敬意  
  
1096  
00:42:51,050 --> 00:42:52,610  
这也是我要跟你说出来的啊  
  
1097  
00:42:53,130 --> 00:42:55,720  
怎么回事，我们不讲一个问题吗  
  
1098  
00:42:56,040 --> 00:42:57,080  
津液干燥之后  
  
1099  
00:42:57,240 --> 00:43:02,240  
就出现了肺脏的这个这个枯萎之象是吧  
  
1100  
00:43:02,280 --> 00:43:05,320  
称之为肺痿，归根结底不还是津液不足吗  
  
1101  
00:43:05,720 --> 00:43:06,640  
所以在这块呢  
  
1102  
00:43:06,640 --> 00:43:09,460  
我们就盯住一个眼目，就是什么  
  
1103  
00:43:09,700 --> 00:43:10,580  
培土生金  
  
1104  
00:43:10,580 --> 00:43:11,820  
你就记住这四个字啊  
  
1105  
00:43:12,140 --> 00:43:14,220  
废纬治政治的时候就这四个字  
  
1106  
00:43:14,260 --> 00:43:15,020  
培土生金  
  
1107  
00:43:15,020 --> 00:43:17,420  
培土生金，还是培土生金  
  
1108  
00:43:17,760 --> 00:43:18,320  
记住了吧  
  
1109  
00:43:18,680 --> 00:43:19,600  
那培土怎么办  
  
1110  
00:43:19,640 --> 00:43:20,840  
参草草看见了没有  
  
1111  
00:43:21,280 --> 00:43:24,530  
用它去补脾胃之后，重点来了  
  
1112  
00:43:24,970 --> 00:43:26,690  
要用最大的力量干什么  
  
1113  
00:43:27,450 --> 00:43:30,730  
去温升这个脾的脾气  
  
1114  
00:43:31,640 --> 00:43:34,950  
向上温升，乙干什么  
  
1115  
00:43:35,110 --> 00:43:36,070  
以土生金  
  
1116  
00:43:36,390 --> 00:43:37,670  
因此以土生金  
  
1117  
00:43:38,430 --> 00:43:42,510  
土不能生金，就是肺痿之病的症结之所在  
  
1118  
00:43:43,160 --> 00:43:43,480  
那么  
  
1119  
00:43:44,760 --> 00:43:45,960  
使土能生金  
  
1120  
00:43:46,320 --> 00:43:51,470  
则是治疗肺痿之病的关窍之处  
  
1121  
00:43:52,750 --> 00:43:53,670  
大家看明白了吧  
  
1122  
00:43:53,950 --> 00:43:57,670  
因此有可能用一个非常简单的方子加一味生姜就完了  
  
1123  
00:43:57,870 --> 00:43:59,110  
为啥生姜味辛啊  
  
1124  
00:43:59,390 --> 00:44:00,830  
味辛能能散  
  
1125  
00:44:01,110 --> 00:44:04,110  
而且你仔细看它的剂量，谁剂量最大  
  
1126  
00:44:04,910 --> 00:44:05,750  
哎，很好啊  
  
1127  
00:44:05,750 --> 00:44:07,150  
你一看就就非常明白  
  
1128  
00:44:07,550 --> 00:44:08,550  
而且这个里头呢  
  
1129  
00:44:08,710 --> 00:44:10,750  
他用的大枣  
  
1130  
00:44:10,910 --> 00:44:13,660  
你注意不是12枚，用多少  
  
1131  
00:44:14,140 --> 00:44:15,500  
15枚啥意思啊  
  
1132  
00:44:15,500 --> 00:44:16,860  
在这说说也无妨  
  
1133  
00:44:17,110 --> 00:44:18,830  
实际上整个伤寒论之中呢  
  
1134  
00:44:18,870 --> 00:44:21,310  
用15枚啊，伤寒杂病论治啊  
  
1135  
00:44:21,510 --> 00:44:21,910  
这种啊  
  
1136  
00:44:21,910 --> 00:44:24,150  
用15枚枣的地方有不多见  
  
1137  
00:44:24,700 --> 00:44:26,220  
那么到这儿来说只有两处  
  
1138  
00:44:26,260 --> 00:44:30,380  
一个是呃，伤寒论条文第65条还记得吧  
  
1139  
00:44:31,510 --> 00:44:31,710  
呃  
  
1140  
00:44:31,830 --> 00:44:34,350  
发汗后脐夏季，哎  
  
1141  
00:44:34,350 --> 00:44:37,710  
欲作奔豚、茯苓、桂枝、甘草大枣汤主之  
  
1142  
00:44:38,540 --> 00:44:40,060  
用甘蓝水对吧  
  
1143  
00:44:40,460 --> 00:44:42,820  
去煮这个汤，那么呃  
  
1144  
00:44:44,070 --> 00:44:44,750  
为什么啊  
  
1145  
00:44:44,790 --> 00:44:46,510  
就为什么用15枚枣  
  
1146  
00:44:46,510 --> 00:44:47,190  
原因很简单  
  
1147  
00:44:47,190 --> 00:44:48,870  
我说了351 15吧  
  
1148  
00:44:49,370 --> 00:44:50,730  
3×5就是15  
  
1149  
00:44:51,010 --> 00:44:53,850  
所谓天三生木，地八成之三是一个目数  
  
1150  
00:44:54,250 --> 00:44:56,490  
要的是一个生发生达之用  
  
1151  
00:44:56,930 --> 00:44:58,930  
那么50居中啊  
  
1152  
00:44:59,370 --> 00:45:00,370  
五是一个土数  
  
1153  
00:45:01,230 --> 00:45:04,630  
那么以土生金，用土向上  
  
1154  
00:45:04,630 --> 00:45:07,150  
再升一下就变到金位是吧  
  
1155  
00:45:07,590 --> 00:45:07,790  
哎  
  
1156  
00:45:07,870 --> 00:45:09,930  
就是就是这么一个用，呃  
  
1157  
00:45:09,930 --> 00:45:11,410  
所以非常有意思在这啊  
  
1158  
00:45:11,730 --> 00:45:16,690  
极其简单，出自于千金治疗肺痿的一个方  
  
1159  
00:45:17,310 --> 00:45:18,270  
呃，药物呢  
  
1160  
00:45:18,730 --> 00:45:19,490  
组成简单  
  
1161  
00:45:19,570 --> 00:45:20,890  
但是法简效宏  
  
1162  
00:45:21,250 --> 00:45:24,770  
在这同学们可以作为一个借鉴啊  
  
1163  
00:45:24,890 --> 00:45:25,490  
作为一个借鉴  
  
1164  
00:45:25,490 --> 00:45:26,450  
这是一个思路  
  
1165  
00:45:27,230 --> 00:45:29,110  
呃，最后跟肺癌有关的呢  
  
1166  
00:45:29,110 --> 00:45:31,830  
往下是这么一个方，也是出自于千金  
  
1167  
00:45:32,070 --> 00:45:34,350  
桂枝去芍药加皂荚汤  
  
1168  
00:45:35,040 --> 00:45:36,760  
这个汤同样也是治肺痿  
  
1169  
00:45:36,760 --> 00:45:38,000  
但是治吐涎沫啊  
  
1170  
00:45:38,040 --> 00:45:39,800  
他中间提到了一个事  
  
1171  
00:45:40,230 --> 00:45:40,430  
呃  
  
1172  
00:45:40,470 --> 00:45:41,710  
这个汤非常简单  
  
1173  
00:45:41,750 --> 00:45:45,390  
它的结构是我认为是两张方的画材  
  
1174  
00:45:46,050 --> 00:45:47,250  
一个是什么  
  
1175  
00:45:48,050 --> 00:45:52,700  
桂枝去芍汤，在咱们伤寒论中大家还记得吧  
  
1176  
00:45:53,260 --> 00:45:54,860  
非常熟悉啊  
  
1177  
00:45:54,860 --> 00:45:55,540  
非常熟悉  
  
1178  
00:45:55,860 --> 00:45:56,780  
第21条  
  
1179  
00:45:57,830 --> 00:45:59,870  
太阳病下之后，脉促胸满者  
  
1180  
00:45:59,870 --> 00:46:01,950  
桂枝去芍药汤主之，若微寒者  
  
1181  
00:46:01,950 --> 00:46:03,910  
桂枝去芍药加附子汤是吧  
  
1182  
00:46:04,150 --> 00:46:05,350  
哎，第22条21  
  
1183  
00:46:05,350 --> 00:46:08,520  
22，那么这个讲一个问题  
  
1184  
00:46:08,520 --> 00:46:09,560  
所谓卖醋是什么  
  
1185  
00:46:10,120 --> 00:46:12,160  
由于胸阳被伤之后  
  
1186  
00:46:12,640 --> 00:46:14,080  
那么你就得把芍药去掉  
  
1187  
00:46:14,160 --> 00:46:15,000  
原因很简单  
  
1188  
00:46:15,360 --> 00:46:17,550  
芍药气酸味苦  
  
1189  
00:46:18,230 --> 00:46:19,390  
所谓气味辛甘  
  
1190  
00:46:19,430 --> 00:46:20,150  
发散为阳  
  
1191  
00:46:20,350 --> 00:46:21,510  
酸苦涌泄为阴  
  
1192  
00:46:22,030 --> 00:46:24,630  
去掉它的酸敛苦泄之用  
  
1193  
00:46:25,530 --> 00:46:27,610  
以宽胸阳是吧  
  
1194  
00:46:27,930 --> 00:46:30,850  
那么你扶住他的胸膛，为啥要加皂荚  
  
1195  
00:46:31,010 --> 00:46:34,210  
这就是我们下堂课要讲给大家讲的一个方  
  
1196  
00:46:34,490 --> 00:46:36,810  
皂荚丸啊  
  
1197  
00:46:38,370 --> 00:46:40,250  
那么在当代的临床中  
  
1198  
00:46:40,610 --> 00:46:42,120  
很多时候，呃  
  
1199  
00:46:42,600 --> 00:46:43,520  
实话实说啊  
  
1200  
00:46:43,680 --> 00:46:45,080  
用处并不多  
  
1201  
00:46:45,520 --> 00:46:46,400  
为啥说用不多  
  
1202  
00:46:46,400 --> 00:46:49,480  
我这么一说，可能有很多老师会有异议  
  
1203  
00:46:49,480 --> 00:46:51,400  
说那我在临床上用的很多没错啊  
  
1204  
00:46:51,720 --> 00:46:52,880  
我为啥说用的不多  
  
1205  
00:46:53,160 --> 00:46:54,720  
因为在我的临床上啊  
  
1206  
00:46:54,840 --> 00:46:56,240  
那么有好多在场的同学  
  
1207  
00:46:56,360 --> 00:47:00,740  
他们都知道，我通常不会让它发展到造假完症那么严重  
  
1208  
00:47:01,540 --> 00:47:03,300  
在我们门诊上肺癌患者很多啊  
  
1209  
00:47:03,300 --> 00:47:05,420  
几乎是门诊常见病  
  
1210  
00:47:05,980 --> 00:47:07,820  
呃，我不说1/4  
  
1211  
00:47:09,040 --> 00:47:12,220  
那么保守，说也每天得有1/4的患者  
  
1212  
00:47:12,540 --> 00:47:14,220  
那么瞅着就跟常人差不多  
  
1213  
00:47:14,220 --> 00:47:16,780  
你不问他他都你都看不出来是肺癌患者  
  
1214  
00:47:17,140 --> 00:47:20,220  
那包括各种呃合并，各种转移  
  
1215  
00:47:20,780 --> 00:47:22,500  
各种放化疗失败的对吧  
  
1216  
00:47:22,780 --> 00:47:24,330  
那在咱们这都有，呃  
  
1217  
00:47:24,490 --> 00:47:26,410  
就跟常人差不多，你看不出来  
  
1218  
00:47:26,730 --> 00:47:29,770  
因为这个你要发展到造假完整，说实话  
  
1219  
00:47:30,810 --> 00:47:32,090  
玩砸了，明白了吧  
  
1220  
00:47:32,290 --> 00:47:33,010  
就没整好  
  
1221  
00:47:33,010 --> 00:47:34,530  
所以我说这个方用的不多  
  
1222  
00:47:34,930 --> 00:47:36,690  
但是代不代表没用  
  
1223  
00:47:36,770 --> 00:47:41,720  
绝对不是，因为古代绝对没有一个东西叫吸痰器  
  
1224  
00:47:42,470 --> 00:47:44,310  
皂荚丸就是古代的吸痰器  
  
1225  
00:47:44,350 --> 00:47:44,870  
明白了吧  
  
1226  
00:47:45,270 --> 00:47:45,830  
那它是一  
  
1227  
00:47:45,830 --> 00:47:48,950  
个治乙病的方法不是治胃病的方法啊呃  
  
1228  
00:47:49,620 --> 00:47:52,340  
我通常不会让它发展到那种生离死别  
  
1229  
00:47:52,340 --> 00:47:53,700  
惊心动魄那种状态  
  
1230  
00:47:53,900 --> 00:47:55,420  
我跟我学生经常讲  
  
1231  
00:47:55,700 --> 00:47:57,580  
我说我喜欢相忘于江湖  
  
1232  
00:47:57,580 --> 00:47:59,020  
我不喜欢相濡以沫  
  
1233  
00:47:59,670 --> 00:48:02,510  
你不要非得最后去展示你的精湛的医术  
  
1234  
00:48:02,830 --> 00:48:04,190  
你最好是要不要它  
  
1235  
00:48:04,190 --> 00:48:09,050  
让它发展到那种生离死别的生死时速  
  
1236  
00:48:09,450 --> 00:48:11,330  
最好是要啥样呢  
  
1237  
00:48:11,770 --> 00:48:13,170  
太上下知有之  
  
1238  
00:48:14,120 --> 00:48:17,880  
就是老百姓叫什么丰衣足食，百姓皆谓  
  
1239  
00:48:17,880 --> 00:48:19,440  
我自然说大夫没干啥  
  
1240  
00:48:19,440 --> 00:48:22,080  
我每周就是来挂号了，对吧  
  
1241  
00:48:22,320 --> 00:48:23,680  
我这两天胰头癌患者  
  
1242  
00:48:24,120 --> 00:48:27,600  
那个之前吉大医院告诉他说活不到一个月  
  
1243  
00:48:28,210 --> 00:48:28,410  
呃  
  
1244  
00:48:28,730 --> 00:48:30,410  
上周周日你们不都在吗  
  
1245  
00:48:30,450 --> 00:48:31,770  
然后我跟他说了  
  
1246  
00:48:31,770 --> 00:48:34,970  
我说你已经他已经现在一个月零两周了吧  
  
1247  
00:48:35,430 --> 00:48:36,790  
一个月练两周，一个半月了  
  
1248  
00:48:36,990 --> 00:48:38,350  
我说你再调两周啊  
  
1249  
00:48:38,550 --> 00:48:40,110  
你可以订机票回杭州了  
  
1250  
00:48:40,900 --> 00:48:42,780  
之后呢，他现在状态越来越好  
  
1251  
00:48:42,780 --> 00:48:44,220  
疼痛病灶已经不疼了啊  
  
1252  
00:48:44,500 --> 00:48:47,040  
然后这个，我说你回杭州之后啊  
  
1253  
00:48:47,240 --> 00:48:49,680  
大概两周左右可以来一次或者三周  
  
1254  
00:48:50,360 --> 00:48:50,560  
呃  
  
1255  
00:48:50,640 --> 00:48:52,000  
然后人人走了之后  
  
1256  
00:48:52,000 --> 00:48:53,200  
我就跟我学生吐槽  
  
1257  
00:48:53,640 --> 00:48:55,720  
哎呀，我说咱们这块也挺有意思啊  
  
1258  
00:48:55,760 --> 00:48:59,730  
有很多烦恼患者还老是想着说跟我讨价还价  
  
1259  
00:48:59,730 --> 00:49:01,850  
说我能不能三周一来，一个月一来  
  
1260  
00:49:01,850 --> 00:49:03,130  
哈哈哈哈  
  
1261  
00:49:03,250 --> 00:49:05,250  
但是我挺幸福啊，是吧  
  
1262  
00:49:05,300 --> 00:49:06,420  
你跟我讨价还价  
  
1263  
00:49:06,420 --> 00:49:06,980  
我挺幸福  
  
1264  
00:49:06,980 --> 00:49:08,660  
我不觉得难受啊  
  
1265  
00:49:08,900 --> 00:49:09,300  
挺好  
  
1266  
00:49:09,820 --> 00:49:13,580  
那么这个就是我们讲皂荚丸是一个治乙病的方法  
  
1267  
00:49:13,580 --> 00:49:16,350  
它是治疗，这个痰已经堵上了  
  
1268  
00:49:16,350 --> 00:49:18,910  
由于古代人没有吸痰器，所以怎么办  
  
1269  
00:49:19,230 --> 00:49:20,790  
古人最后逼得没招了  
  
1270  
00:49:20,790 --> 00:49:22,590  
最后设计出一张方叫造甲烷  
  
1271  
00:49:23,240 --> 00:49:24,720  
但是这个就说明一个问题  
  
1272  
00:49:25,080 --> 00:49:27,960  
桂枝去芍药，首先他就要不能敛谈  
  
1273  
00:49:28,040 --> 00:49:31,100  
是不是再加皂荚说明他要祛痰  
  
1274  
00:49:31,500 --> 00:49:32,900  
证明一个问题  
  
1275  
00:49:33,220 --> 00:49:36,300  
桂枝去芍药，再加上皂荚汤  
  
1276  
00:49:36,800 --> 00:49:41,000  
他治疗的是肺痿之中痰瘀比较重的一个病症  
  
1277  
00:49:41,400 --> 00:49:44,060  
因此这个病不是说我们临床用不着  
  
1278  
00:49:44,140 --> 00:49:46,820  
当临床上你看到很多痰特别重啊  
  
1279  
00:49:47,140 --> 00:49:50,060  
马上这人堵的就是随时一口气就能过去了  
  
1280  
00:49:50,300 --> 00:49:53,320  
到这种时候，你就真的需要用这张法了  
  
1281  
00:49:53,860 --> 00:49:56,780  
那么很多临床上我们一些首诊患者啊，也不妨用  
  
1282  
00:49:57,020 --> 00:49:58,300  
但是我为啥不愿意用  
  
1283  
00:49:58,300 --> 00:50:01,260  
因为反正很多种原因吧  
  
1284  
00:50:01,580 --> 00:50:03,500  
那么这个当然也是因为造假  
  
1285  
00:50:03,700 --> 00:50:06,140  
它你要按完去做吧  
  
1286  
00:50:06,140 --> 00:50:07,300  
他多少有点麻烦啊  
  
1287  
00:50:07,300 --> 00:50:08,220  
我这人手懒  
  
1288  
00:50:08,660 --> 00:50:10,460  
我更喜欢汤药里头化材  
  
1289  
00:50:10,460 --> 00:50:11,620  
一下就就把它用了  
  
1290  
00:50:11,700 --> 00:50:13,300  
但这东西你不能不懂啊  
  
1291  
00:50:13,300 --> 00:50:14,740  
不用不代表你不懂啊  
  
1292  
00:50:15,400 --> 00:50:17,960  
这东西临床上其实其实挺好的一个事  
  
1293  
00:50:17,960 --> 00:50:19,400  
儿挺好，一东西  
  
1294  
00:50:19,900 --> 00:50:20,380  
呃，行  
  
1295  
00:50:20,420 --> 00:50:21,380  
咱们这堂课呢  
  
1296  
00:50:21,460 --> 00:50:22,900  
先讲到这儿啊下堂课  
  
1297  
00:50:22,900 --> 00:50:26,260  
咱们讲一个非常有意思的篇目  
  
1298  
00:50:26,580 --> 00:50:28,340  
称之为费用加课啊